# SOUTHEAST TENNESSEE VISITOR GUIDE



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# Southeast Tennessee Visitor Guide



Johnson is a Regional Planner with the Southeast Tennessee Development District. He is a Google Street View Trusted Photographer and assists the Southeast Tennessee Tourism Association with photography,

Contact him at rjohnson@sedev.org.



# Veal

is the Tourism Coordinator with the Southeast Tennessee Tourism Association, which is part of Economic & Community Development within the Southeast Tennessee Development District. She is the editor of the annual Southeast Tennessee Visitor Guide and works to promote and develop tourism efforts in the region.

For questions about editorial or advertising content, contact her at iveal@sedev.org.







Visitor guide layout: mccaindesign.com

The Southeast Tennessee Visitor Guide is your roadmap to explore all the places and natural spaces in the Chattanooga region of Southeast Tennessee. We've gathered the best hiking, biking, cycling and water adventures, as well as food stops, festivals, music and historic sites to help you plan your visit.

Locals and travelers find Southeast Tennessee to be one big outdoor adventure. The region is home to one of the premier whitewater rivers in the United States, the Ocoee River, and has become a capital for rock climbing in the South. We boast more than 50 waterfalls, and our rivers and streams are globally significant for aquatic life and diversity. All this, within one of the most beautiful settings on earth.

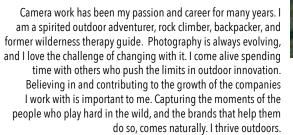
While here, you'll find that the spirit of the people in Southeast Tennessee is warm and welcoming, and there are plenty of opportunities for shopping and culinary adventures at locally owned food stops. Our communities invite you to visit and enjoy country cooking, small-town charm, music and a rich cultural heritage that set the stage for who we've become today.

We hope this guide will help you find your adventure in the region and be sure to check out our website at SoutheastTennessee.com.

Jenni Veal

#### Front Cover Photograph by Nathalie DuPré

Outdoor Lifestyle | Product Photographer Chattanooga, TN





# Welcome to #SoutheastTN

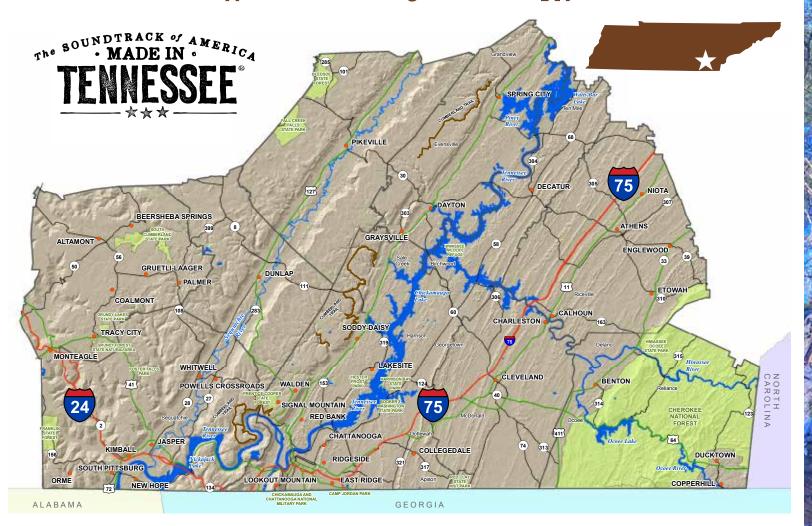




Photo: Beth Jones, Executive Director, and Chuck Hammonds, Asst. Executive Director, at the Southeast Tennessee Development District.



sedev.org

The Southeast Tennessee Development District, located in Chattanooga, Tenn., is the designated regional planning agency and council of governments for the 10 counties of Southeast Tennessee. The agency provides staffing resources to local governments to deliver programs and services in three core areas: Community & Economic Development; Aging & Disability Programs; and Career and Workforce Development. The district's work is accomplished by utilizing local, state, federal and private funds. The Southeast Tennessee Tourism Association is a part of Community & Economic Development within the agency. To learn more, visit www.sedev.org.

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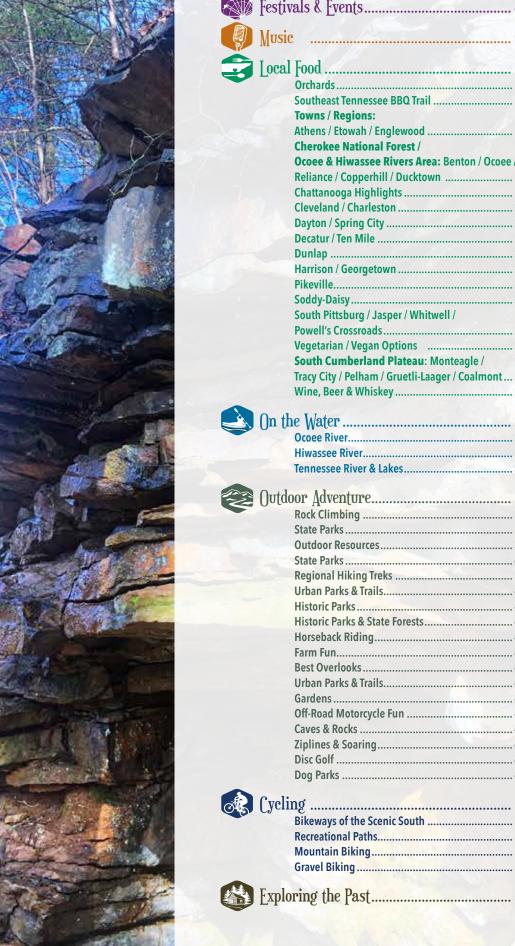






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**Spring Wildflower Pilgrimage** Fall Creek Falls State Park

April 2020 2009 Village Camp Rd., Spencer, TN 423-881-3297

Instateparks.com

Wild Azalea Gala April 17, 2020

Sewanee Inn 1235 University Ave., Sewanee, TN FriendsOfSouthCumberland.org

**Trails & Trilliums Festival DuBose Conference Center and South Cumberland State Park** April 17-19, 2020

76 Assembly St., Monteagle, TN | 931-924-2623 Trailsandtrilliums.org

#### **National Cornbread Festival**

April 25-26, 2020 South Pittsburg, TN | 423-837-0022

Nationalcornbread.com

**Sweet Tea & Sunshine Family Festival & Craft Fair Greenway Park & Pavilion** 

April 25, 2020

Ramptrampfestival.com

755 Raider Drive, Cleveland, TN | 423-650-1388 VisitClevelandTN.com

**Polk County Ramp Tramp Festival** Camp McCroy April 24-25, 2020 1058 Hwy. 30, Reliance, TN | 423-338-4503

# More than a bank



Our interactive teller machines (ITMs) in the drive-thru are open Monday through Saturday from 7 a.m. to 7 p.m. No bank around here can match that. Give us a try and find out how much more than a bank we can be.



tvfcu.com | 423-634-3600 | Federally insured by NCUA | Equal housing lender |

There is always something to celebrate in Southeast Tennessee: country cooking, artisans and musicians, a rich cultural history, small-town charm and the beauty of the natural landscape. Celebrate the region at these annual festivals that take place year-round.

# **JANUARY**

**First Day Hikes Tennessee State Parks** Jan. 1, 2020 **Instateparks.com** 

**Tennessee Sandhill Crane Festival Birchwood Community Center,** Hiwassee Wildlife Refuge & Cherokee **Removal Memorial Park** Jan. 18-19, 2020 5623 Hwy. 60, Birchwood, TN | 931-456-3068

# **FEBRUARY**

Ocoee Story Fest First Presbyterian Church Feb. 2020

433 North Ocoee St., Cleveland, TN 423-479-7887 Tennesseetellers.org

## **APRIL**

2020 Ocoee River Whitewater Season

Season Opens: March 21, 2020 Season Ends: October 31, 2020

2020 Hiwassee River Scenic River & Blueway **Recreation Season** 

Season Opens: May 23, 2020 Seasons Ends: October 2020 (weekends only Sept.-Oct.)

**Ocowassee Festival Hiwassee/Ocoee State Park** April 2020

404 Spring Creek Rd., Delano, TN | 423-263-0050 Instateparks.com



Southeast lennessee.com



# MAY

#### Valley Fest May 2-3, 2020

15643 Rankin Ave., Dunlap, TN | 423-593-1444 Valleyfestonline.com

Festivals & Fyents

# MooFest & Tennessee Wetlands Festival E.G. Fisher Public Library

May 2, 2020 1289 Ingleside Ave., Athens, TN | 423-745-7782

# **Tennessee Strawberry Festival Parade** May 9, 2020

107 Main St., Dayton, TN | 423-775-0361 Tnstrawberryfestival.com

#### JUNE

Sounds of Summer Concert Series -Athens Market Park Pavilion Saturday nights (June-August 2020) 106 S. Jackson St., Athens, TN Willsonthropic.org

#### BBQ, Blues & Bluegrass Festival Greenway Park & Pavilion

June 20, 2020

755 Raider Dr. NW, Cleveland, TN 423-486-7597 BBQbluesandbluegrass.com

#### JULY

#### Sounds of Summer Concert Series -Athens Market Park Pavilion

Saturday nights (June-August 2020) 106 S. Jackson St., Athens, TN Willsonthropic.org

#### Summer Nights Music - Dayton Rhea County Courthouse Lawn Friday nights in July

1435 Market St., Dayton, TN | 423-775-9847 Scopesfestival.com

#### **Dunlap 4th of July Parade**

July 4, 2020

Downtown Dunlap, TN VisitSequatchieValley.com

# Etowah's Old-Fashioned 4th of July Celebration @ the L&N Depot Museum

July 4, 2020

727 Tennessee Ave., Etowah, TN | 423-263-7840 Cityofetowahtn.com

#### Miners Homecoming Days Ducktown Basin Museum July, 2020

212 Burra Burra St., Ducktown, TN | 423-496-5778 Ducktownbasinmuseum.com

#### Calhoun River Town Festival Hiwassee Meadowland Park & Hiwassee Blueway

July 2020

746 Hwy. 163, Calhoun, TN Calhounrivertown.com

# 50th Blue Springs Valley Anniversary Singing July 18-19, 2020

150 Bryson Ln., Cleveland, TN Singingechoes.com

# Scopes Play & Bluegrass Festival Historic Rhea County Courthouse

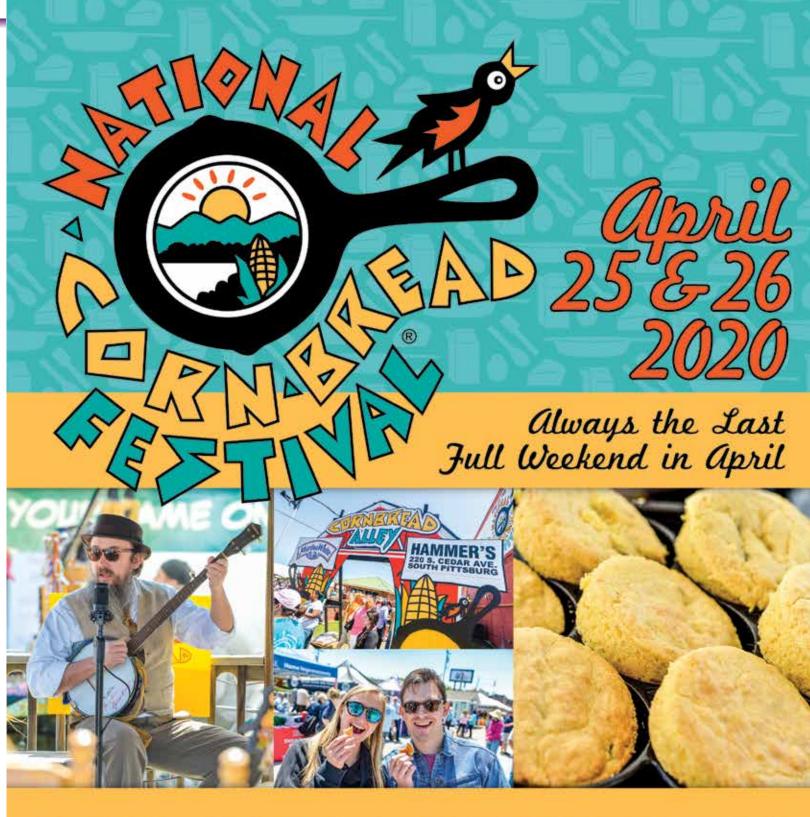
July 2020

1435 Market St., Dayton, TN | 423-775-9847 Scopesfestival.com

#### Swiss Heritage Festival Stoker-Stampfli Farm Museum July 25, 2020

Swiss Colony Cemetery Rd., Gruetli-Laager, TN info@swisshistoricalsociety.org
Swisshistoricalsociety.org





# SOUTH PITTSBURG, TN NATIONALCORNBREAD.COM

/NATIONALCORNBREADFESTIVAL #

@NATIONALCORNBREADFESTIVAL



#### JULY

#### Monteagle Mountain Market for Arts & Crafts Hannah Pickett Park

July 2020

16 Dixie Lee Ave., Monteagle, TN | 931-924-5353

#### **Ocoee River Jam**

July 2020

599 US-64, Ocoee, TN OcoeeRiverJam.com

# **AUGUST**

#### Sounds of Summer Concert Series -Athens Market Park Pavilion

Saturday nights (June-August 2020)

106 S. Jackson St., Athens, TN Willsonthropic.org

#### Hwy. 127 - World's Longest Yard Sale August 6-9, 2020

Follows US-127 through Southeast Tennessee 127yardsale.com

# Red Clay Cherokee Cultural Celebration Red Clay State Historic Park

August 8-9, 2020

1140 Red Clay Park Rd. S., Cleveland, TN 423-478-0339 Tnstateparks.com

#### Beersheba Springs Arts & Crafts Fair Beersheba Springs Assembly Grounds August 2020

55 Hege Ave., Beersheba Springs, TN | 931-692-3669 Beershebaassembly.com

## **SEPTEMBER**

# Ocoee River Championships Ocoee Whitewater Center

Sept. 2020

4400 US-64, Copperhill, TN OcoeeRiverChampionships.com

#### International Cowpea Festival & Cook-Off

Sept. 12, 2020

Charleston City Park, Charleston, TN | 423-472-6587 Cowpeafestival.com

#### Niota Fried Green Tomato Festival Niota Depot

Sept. 2020

201 Main St., Niota, TN | 423-568-2584

#### **OCTOBER**

#### Cycle Sequatchie Sequatchie Valley, TN

Oct. 3, 2020

CycleSequatchie.com

#### BigFoot Blues Festival Oct. 2-4, 2020

Baggenstoss Farms 518 Brawley Rd., Tracy City, TN | 931-488-8652 Bigfootbluesfestival.com

#### **Fannie Moffitt Autumn Stomp**

Oct. 2020

Altamont, TN | 931-924-5353 Southcumberlandchamber.com

#### Pumpkintown Festival @ Market Park Pavilion

Oct. 10, 2020

106 S. Jackson St., Athens, TN | 423-744-2702 Pumpkintownfestival.com

# Etowah Train Festival Etowah L&N Depot Museum

Oct. 2020

727 S. Tennessee Ave., Etowah, TN | 423-263-7232 Tennesseeoverhill.com

#### **Cleveland Apple Festival**

Oct. 17-18, 2020

155 N. Ocoee St., Cleveland, TN | 423-479-1000 Clevelandapplefestival.org

#### Ketner's Mill Country Arts Fair

658 Ketner Mill Ln., Whitwell, TN | 423-267-5702 Ketnersmill.org

#### **Murders on Main Street**

Oct. 2020

700 Tennessee Ave., Etowah, TN | 423-263-3270 Gemplayers.com

# Historic Fort Hill Cemetery Walking Tour Fort Hill Cemetery

Oct. 25, 2020

92 Oak St. SW, Cleveland, TN | 423-472-6967 Leeuniversity.edu

#### Pumpkinfest Rhea County Courthouse

Oct. 25-26, 2018

1435 Market St., Dayton, TN 423-775-9847 Mainstreetdayton.org



# **NOVEMBER**

# **Dining with the Dead Cochran Cemetery**Oct. 2019

Hwy. 39 E., Englewood, TN | 423-887-5455 Cage-tn.com

#### Historic Downtown Dayton Holiday Stroll

Nov. 2020 Dayton, TN

Mainstreetdayton.org

#### Old-Fashioned Downtown Christmas Downtown Athens, TN

Nov. 2020

Athens, TN | 423-333-0329 Athensmainstreet.com

# DECEMBER

#### A Classic Christmas in Cleveland Dec. 4-5, 2020

Post office on Broad St., Cleveland, TN 423-479-1000 Mainstreetcleveland.com

#### Christmas at Red Clay Red Clay State Historic Park

Dec. 2020

1140 Red Clay Park Rd., SW, Cleveland, TN 423-478-0339 Tnstateparks.com





# Caverns

#### **Home of Bluegrass Underground**

In a timeless valley near the base of the South Cumberland Plateau in Southeast Tennessee, you'll find The Caverns—a jaw-dropping concert hall located deep underground.

The Caverns is home to the Emmy Award winning PBS television series, Bluegrass Underground. With a concert calendar that spans all genres of musical expression, The Caverns draws music fans from all over the world. Live music inside a cave - it's a bucket list experience that keeps fans coming back to The Caverns time and again for "The Greatest Show Under Earth."

Historically known as Big Mouth Cave for its impressive archway entrance, experts believe humans have been using the cave for up to 25,000 years. Today, The Caverns is a modern music venue with a padded-chair seating capacity of 750, and up to 1,000 for standing-room-only shows.

The cave is equipped with state-of-the-art sound and lights, restrooms, and delicious food and beverage concessions, including craft beer, wine and cocktails. The gentle slope of the room and its smooth concrete floor make the venue accessible to music fans with mobility concerns or physical disabilities, as well.

The Caverns is located at 555 Charlie Roberts Road in Pelham, Tenn., in a geographical "sweet spot" - approximately 90 minutes from Nashville, 60 minutes from Chattanooga, and less than three hours from Atlanta, Birmingham and Knoxville.



There's much to explore in the region surrounding The Caverns, as well. Tennessee's largest state park, South Cumberland State Park, surrounds the venue, featuring miles of trails, waterfalls, rock climbing and scenic overlooks. The surrounding communities of Monteagle, Tracy City and Sewanee offer local dining, shopping and historic sites surrounded by nature's beauty.

For music fans planning a trip underground, The Caverns stays 56 degrees year-round with 91 percent humidity. It's comfortable, but cool, and a light jacket and comfortable footwear are recommended. "Stay-and-Cave" packages are available with lodging and transportation to and from the venue.

With shows from March through December, and a wide variety of music programming, you're sure to find a concert to inspire your underground musical adventure at TheCaverns.com.



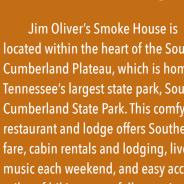


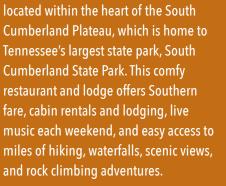


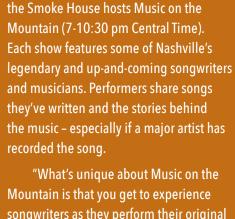
# Jim Oliver's Smoke House

of family cooks.

Music 11







Since 1960, visitors have stopped

Southern cooking inspired by generations

Every Friday and Saturday night,

by Jim Oliver's Smoke House to enjoy

songwriters as they perform their original songs," says JD Oliver, who operates the Smoke House with his sister Betsy Oliver.

Music on the Mountain offers cabaretstyle seating in a comfortable music room attached to the restaurant. Food and beverages are served during the show. All shows are family-friendly and free to the public.

Visit TheSmokehouse.com for the weekly schedule.







#### **Apple Valley Orchard**

351 Weese Road SE, Cleveland, TN

423-472-3044

Applevalleyorchard.com

Seasonal hours of operation.

Family-owned apple orchard, bakery and gift shop recently named one of the "Best Apple Orchards in Tennessee" by *Southern Living* magazine. Check the website for seasonal events. Group / student tours available by appointment.

#### Fairmont Orchard 2204 Fairmount Pike, Signal Mountain, TN

423-886-1226

Seasonal hours of operation.

Stop in to this small family-owned orchard for fresh cider and a bag of apples grown on-site.

# **Oren Wooden's Apple House** 6351 New Harmony Road, Pikeville, TN

423-447-6376

Wooden sapple house.com

Seasonal hours of operation.

The region's oldest continuously operated apple house, Wooden's grows and sells apples, pumpkins and a host of other fruits and vegetables. Enjoy lunch and delicious fried pies at Oren's Orchard Cafe. Group tours available by appointment.

#### Wheeler's Orchard & Vineyard

**956 Wheeler Rd., Dunlap, TN** | 423-949-4255

Seasonal hours of operation.

Pick-your-own options: blueberries (July-Sept.) and grapes (August).

This family-owned orchard and vineyard on Fredonia Mountain focuses on sustainably grown apples and produce. Be sure to try their fresh cider and other homemade treats.





# **Sequatchie Cove Farm** 320 Dixon Cove Rd., Sequatchie, TN

423-942-9201

SequatchieCoveFarm.com

Trading post open on Saturdays. Pick your own options: Blueberries.

Family farm in the beautiful Sequatchie Valley, specializing in pasture-raised beef and lamb, forested pork, chicken, eggs, seasonal vegetables, shiitakes and native plants.



#### Jordan's Bar-B-Q 910 Stuart Rd. NE, Cleveland, TN 423-478-2171

Kitsch-filled spot serving up classic pulled pork, ribs, stuffed potatoes and other comfort foods.

#### **Stadium BBQ**

#### 773 Keith St. NW. Cleveland, TN

423-790-0002 | StadiumBBQ.com Enjoy Southern barbecue with all the fixings - and save room for their homemade fried pies.

#### Dave's Spiced Right BBQ 12914 TN-58, Georgetown, TN

423-961-90793

Barbecue (and more) that is notoriously "spiced right."

#### Edley's Bar-B-Que

205 Manufacturers Rd., Chattanooga, TN

Banana pudding is considered a side dish at this Nashville-based barbecue institution.

#### Hillbilly Willy's Barbecue

115 Browns Ferry Rd., Chattanooga, TN 423-821-2272

Hickory smoked barbecue brisket, pork, chicken, baby back ribs and burgers.

#### Nooga-Q Smokehouse Grill

301 Signal Mtn. Rd., Chattanooga, TN

423-752-1935

BBQ plates, sandwiches and more in a casual setting

#### Papa's Place BBQ Restaurant 4784 S. Lee Hwy., McDonald, TN

423-777-5432

Cozy little place featuring freshly smoked pulled pork and homecooked sides.

#### **Shuford's Smokehouse**

3224 Dayton Blvd., Red Bank, TN 423-267-0080 | Shufordsbbg.com

Shuford's offers classic Southern barbecue, including smoked meats, traditional sides and their famous homemade banana pudding.

#### Sugar's Ribs

2450 15th Ave., Chattanooga, TN

423-826-1199 | Sugarsribs.com Award-winning barbecue and ribs on historic Missionary Ridge overlooking downtown Chattanooga.

#### Banjo's BBQ

#### 1410 Maley Hollow Rd., Dayton, TN

423-785-7606 | Banjos-bbg.com

Pork, chicken, ribs, brisket and the BOOMER - prepared with a special blend of 17 seasonings. All sauces made in-house.



#### Mo-Mo's BBQ

7481 Rhea County Hwy., Dayton, TN

423-785-7606 | Banjos-bbg.com 423-775-6868

Specializing in pulled pork, chicken, beef, ribs and their best-selling killer potato.

#### Jim Oliver's **Smokehouse Restaurant**

850 W Main St., Monteagle, TN 800-489-2091 | Thesmokehouse.com Barbecue and Southern-style breakfast, lunch and dinner and buffet served at this landmark establishment on Monteagle Mountain. Fried pies

#### Up in Smoke BBQ Café

and fudge are legendary.

73 College St., Monteagle, TN 931-212-4506

Hickory smoked pulled pork and burgers.

#### Jerome's Fine Swine & BBQ 13212 TN-28, Whitwell, TN

423-658-8550

Chicken and pork barbecue served with a variety of sides of sauces. Mac and pepperjack cheese is a crowd-pleaser.

#### Ramsey's BBQ

7096 Hwy. 28, Whitwell, TN

Enjoy old-school barbecue and daily specials, as well as homemade desserts prepared daily.

#### **Kansas City Style BBQ**

5247 Hwy. 41, Jasper, TN 423-939-0699

#### Sequatchie Valley BBQ 7000 TN-28, Dunlap, TN 37327

423-949-5900

A tiny place with Big BBQ.

# Dixon's BBQ & Cheesecake

356 Abel Ave., Decatur, TN 423-454-0354

Homemade barbecue and cheesecake in the heart of Meigs County, Tenn.

#### Uncle Gus's Mountain Pit Bar-B-que 810 Peakland Rd., Ten Mile, TN

423-334-2487

Barbecue and American favorites in a fun, eclectic setting near Watts Bar Lake.

#### Michael's Casual Dining Two locations:

925 Congress Pkwy. North, Athens, TN 423-649-0000

#### **862** Tennessee Ave., Etowah, TN | 423-263-2603 Michaelsgreatfood.com

Sink your teeth into their fresh fall-off-the-bone, slow-cooked barbecue flavored with their own mix of herbs, spices and dry-rubbed seasonings.

#### **Navarro's Smokehouse** 3268 Hwy. 411, Englewood, TN

423-519-7665

Barbeque, ribs, wings, pulled pork served with all the Southern fixin's.

#### Bear's Den BBQ 130 US-64, Ocoee, TN

423-338-5757

Hickory smoked barbecue - and smokin' hot homemade hot slaw.

#### Bradford's BBQ

1999 Grassy Creek Rd., Copperhill, TN 423-548-2723

Enjoy slow-cooked barbecue at this restaurant / fireworks store in the Ocoee Basin.

#### Athens - Etowah - Englewood

#### **Beanery Uncorked**

2 N. White St., Athens, TN | 423-252-0031

Beaneryuncorked.com

Coffee shop and restaurant on the square in historic Athens.

#### **Angela's Cuban Restaurant** 509B W. Madison Ave., Athens, TN

423-453-5064

Great Cuban food in Athens.

#### **Dairy Barn**

1108 Congress Pkwy. S., Athens, TN 423-745-2286

Tasty ice cream treats and fast food in Athens. Seasonal hours.

#### Jenkins Grille & Market

**411 S. Jackson St., Athens, TN** | 423-745-7388 Jenkins-deli.com

Sixties décor offering tasty rib-eye sandwiches, chicken salad, soups and more.

#### **Lotus Thai Cuisine**

**420 S. White St., Athens, TN** | 423-453-2152 Jenkins-deli.com

Family-owned restaurant serving authentic Thai cuisine.

#### **Maddie Mas**

**10 S. White St., Athens, TN** | 423-649-3627

Maddimas.com

Italian subs that never fail to impress – especially the salami.

Phillip Wooden & Sons

Farm Market

423-447-6574

and Retail

· DAYTON

PHILLIP WOODEN

FARM

#### Michael's Casual Dining - Two Locations

925 Congress Pkwy. North, Athens, TN 423-649-0000

#### 862 Tennessee Ave., Etowah, TN

423-263-2603

Michaelsgreatfood.com

Sink your teeth into their fresh fall-off-the-bone, slow-cooked barbecue flavored with their own mix of herbs, spices and dry-rubbed seasonings.

#### **Open Door Café**

**3** N. Jackson St., Athens, TN | 423-744-3020 Romantic setting in the historic Robert E. Lee Hotel featuring a Mediterranean menu.

#### **Smalls Drive-In**

**802** W. White St., Athens, TN | 423-745-6650 Hamburgers the locals boast about.

#### **Farmhouse Restaurant**

**1201 Ohio Ave., Etowah, TN** | 423-263-3276 Enjoy a porch rocker or shop in the country gift shop before enjoying this country-style restaurant offering homemade pies and cakes.

#### The Spot

MARKET

MOUNTAIN .

PIKEVILLE . TENNESSEE

257 County Rd. 802, Etowah, TN 423-333-4659

Unique stop for fish sandwiches and fried chicken.

SONS

**55790 Old Hwy 411, Benton, TN** | 423-599-5774

#### Papa's Pizza

**109 Bowater Rd., Delano, TN** | 423-338-8000

#### Flip-Flop Burgers

179 Tellico Reliance Rd., Reliance, TN

Flipflopburgers.com

#### Reliance Fly & Tackle

Relianceflyshop.blogspot.com

Oldest locally owned fly shop and country store in the area, serving smoked ribs and chicken dinners each

#### Apricot Place Café

**281** Hwy **64**, Ocoee, TN | 423-338-2979

#### Bear's Den BBQ

**130 US-64, Ocoee, TN** | 423-338-5757

Hickory smoked barbecue - and smokin' hot homemade hot slaw.



#### all the Southern fixins.

**Tellico Junction Café** 

**17 East Main St., Englewood, TN** | 423-887-7770 Full breakfast buffet every morning – and don't miss the chocolate gravy and biscuits as part of their Saturday buffet.

#### Cherokee National Forest & Ocoee and Hiwassee Rivers

#### Benton - Delano - Reliance Ocoee - Copperhill - Ducktown

#### **Bakery on Main**

**6232** Hwy. **411**, Benton, TN | 423-599-0656 Full-service bakery, also offering deli sandwiches, loaded potatoes andmore.

#### Kathy's Cownty Kitchen

**121 Poplar St., Benton, TN** | 423-338-1214 Country home cooking at its best.

#### Lottie's Diner

**5790 Old Hwy. 411, Benton, TN** | 423-338-1322 Home of the famous "Cathead Biscuit."

#### The Old Country Porch

Southern style home cookin'.

All you can eat pizza, pasta and salad buffet daily.

312-338-4987

#### Great burger stop after a day of fun on the Hiwassee River.

#### 588 Childers Creek Road, Reliance, TN 423-338-7771

weekend. Bagged fisherman lunches available.

Breakfast, burgers, sandwiches, salads, and more.











Tocal Food 16

Cherokee National Forest & Ocoee and Hiwassee Rivers

#### Benton - Delano - Reliance Ocoee-Copperhill-Ducktown

#### **Cajun Lady Seafood**

**3720** Hwy **411**, Ocoee, TN | 423-435-3581 Ocoeedamdeli.com Best Cajun food you'll find outside of the bayou.

#### Ocoee Dam Deli

**1223 US-64, Ocoee, TN** | 423-338-8184 Ocoeedamdeli.com

Located near all the action on the Ocoee River, this popular stop serves American favorites with a touch of the South.

#### Los Pablano's

**4133 US-411, Ocoee, TN** | 423-338-3983 Authentic south of the border taste!

#### Bradford's BBQ

1999 Grassy Creek Rd., Copperhill, TN 423-548-2723

Enjoy slow-cooked barbecue at this restaurant / fireworks store in the Ocoee Basin.

#### **Copper Ale Station**

**120** Grand Ave., Copperhill, TN | 706-946-1416 Gourmet sandwiches and pizza! Local beer, ale and growlers.

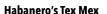
#### The Copper Grill

109 Ocoee St., Copperhill, TN

The state line divides this restaurant between Tennessee and Georgia, so pick your state to enjoy hamburgers, hot dogs and specialty sandwiches.

#### **El Rio Mexican Restaurant**

**113 Ocoee St., Copperhill, TN** | 423-496-1826 ElrioMexicanRestaurantandCantina.com Classic cantina and restaurant offering authentic Mexican flavor.



108 Ocoee St., Copperhill, TN | 423.548.2111 Just a Touch of Tex-Mex!

#### **Ocoee River Cafe**

Ocoee St., Copperhill, TN | 423-496-3714 Burgers, chicken, fish, corn dogs, hot dogs, steak sandwiches and more.

#### **Rum Cake Lady Cuban Cafe**

**111 Ocoee St., Copperhill, TN** | 706-964-1300 Rum cakes and Cuban sandwiches.

#### **Sweet & Southern Sugar Company**

**120 Ocoee St., Copperhill, TN** | 706-851-5510 High quality desserts, breads, soups and more.

#### The Copper Station

**1529 Highway 68, Ducktown, TN** | 423-496-1117 Pizza, Subs, grilled paninis, and fresh salads.

#### Rod's Rockin' Rolls

**327 Main St., Ducktown, TN** | 423-761-5000 Asian cuisine.

#### Wildwater Willie's Mineshaft Pub & Grub **Old Hwy 64, Ducktown, TN** | 423-548-5100

Wildwaterrafting.com American food at Wildwater Ocoee outfitters.

#### Chattanooga Highlights

Chattanooga-area restaurants.

#### **Bea's Restaurant**

All-you-can-eat fried chicken and Southern favorites

#### Beast + Barrel Gastro Pub

and dog-friendly patio seating along bustling

Visit ChattanoogaFun.com for a full listing of

4500 Dodds Ave., Chattanooga, TN

423-867-3618

served family-style since 1950. Closed Mon.-Tues.

**16 Frazier Ave., Chattanooga, TN** | 423-805-4599 Beastandbarrel.com

New American restaurant and full bar with indoor Frazier Ave.





#### **Big River Grille & Brewing Works**

**222** Broad St., Chattanooga, TN | 423-267-2739 Biariverarille.com

Microbrew beer selections and a made-from-scratch menu, located in a historic trolley barn downtown.

#### **Bread & Butter**

3955 Dayton Blvd., Chattanooga, TN 423-803-4446 Butterthebread.com

Artisan bakery and local market.

#### Champy's - Blues, Brews & Birds

Two locations:

**526 E. MLK Blvd., Chattanooga, TN** | 423-752-9198 **6925** Lee Hwy., Chattanooga, TN | 423-803-2800

Champyschicken.com

Fried chicken is the draw at this country-hip Southern eatery with live music and a long beer list.

#### Hi-Fi Clvde's On Main

**122** W. Main St., Chattanooga TN | 423-362-8335

Clvdesonmain.com

Laid-back spot featuring sofas, shuffle boards and ping pong tables, plus bar food and draft beers.

#### Flying Squirrel Bar

**55 Johnson St., Chattanooga, TN** | 423-602-5980 Flyingsquirrelbar.com

Award-winning atmosphere serving unique small plates and great drinks from 4 p.m. until. (21+ every day except for Sunday brunch.)

#### Frothy Monkey

**1400 Market St., Chattanooga, TN** | 423-680-6343 Frothymonkey.com

Local coffeehouse chain serving breakfast, sandwiches and Southern comfort food at the Chattanooga Choo Choo.



TENNESSEE'S OLDEST FAMILY-OWNED BAKERY



#### **Experience the Authentic Old World Style Bakery**





**Taste and See the History** 







Located atop Monteagle Mountain, Exit 135 - take Hwy 41 south 6 miles

The store and café are open 7 days a week for breakfast and lunch Dinner by reservation only

931.592.3171 www.thedutchmaid.com

109 Main Street Tracy City, TN 37387 Cindy Day, owner dutchmaid@blomand.net

Free Wi-Fi **Pet Friendly Stop in for Lunch**  Jocal Food 18 Jocal Food 19



#### **Chattanooga Highlights**

#### **Good Dog Restaurant**

**34 Frazier Ave., Chattanooga, TN** | 423-475-6175 Eatatgooddog.com

Casual Coolidge Park venue serving gourmet veggie, sausage and all-beef hot dogs.

#### Herman's Soul Food 3821 Brainerd Road, Chattanooga, TN 423-624-5715

Hermans soul food.com

Family-friendly restaurant specializing in fried chicken and home-cooked soul food.

#### **Lakeshore Grille @ Lakeshore Marina** 5600 Lake Resort Terrace #300, Chattanooga, TN 423-710-2057

American food with an amazing view of Chickamauga Lake. Include deck and dog-friendly patio.

#### **Puckett's Grocery & Restaurant**

2 W. Aquarium Way, Chattanooga, TN 423-708-8505

Puckettsgro.com

Located next to the Tennessee Aquarium, serving Southern-style favorites for breakfast, lunch and dinner.

#### **Riverside Catfish House**

**18039 US-41, Chattanooga, TN** | 423-821-9214 Popular stop for fried catfish on the Tennessee River since 1963. Some outdoor seating. (Open Fri-Sun only.)

#### Shuford's Smokehouse 3224 Dayton Blvd., Red Bank, TN 423-267-0080

Shufordsbbq.com

Shuford's offers classic Southern barbecue, including smoked meats, traditional sides and their famous homemade banana pudding







#### Discover Your Chattanooga Adventure

# OutdoorChattanooga.com

**Explore:** Mountains, Rivers, Creeks, Lakes, Trails, Parks

**Adventure**: Hike, Bike, Camp, Climb, Paddle, Run, Fly

**Learn:** Info, Programs, Guided Tours, Workshops, Events



Connecting You to the Outdoors! **Outdoor Chattanooga** 

200 River St. | Chattanooga, TN 37405 | 423-643-6888



#### **Chattanooga Highlights**

#### STIR Chattanooga

**1444** Market St., Chattanooga, TN | 423-531-7847 Stirchattanooga.com

Creative dishes using fresh, local ingredients and specialty cocktails in a festive, community atmosphere.

#### Sugar's Ribs

**2450 15th Ave., Chattanooga, TN** | 423-826-1199 Sugarsribs.com

Award-winning barbecue and ribs on historic Missionary Ridge overlooking downtown Chattanooga.

#### Tony's Pasta Shop & Trattoria

**212** High St., Chattanooga, TN | 423-265-5033 ext. 6 Bluffviewartdistrict.com

Handmade pasta, fresh sauces and bread in the historic Bluff View Art District overlooking the Tennessee River.

#### **Urban Stack Burger Bar**

**12** W. **13th St., Chattanooga, TN** | 423-475-5350 Urbanstack.com

Inventive burgers and a bustling bar scene in Chattanooga's oldest building (1868).

#### **Cleveland - Charleston**

See VisitClevelandTN.com for a full listing of Cleveland restaurants.

#### **Bald Headed Bistro**

**201 Keith St. SW, Cleveland, TN** | 423-472-6000 Baldheadedbistro.com Fine western dining.

#### **Bon Life Coffee**

**1807** Keith St., Cleveland, TN | 423-464-6160 Drinkabetterstory.com Exceptional coffee with a global cause.

#### Café Roma

**220** N. Ocoee St., Cleveland, TN | 423-339-1488 Caferomatn.com

Fresh Southern-inspired Italian dishes.

#### Catch Seafood Bar & Grill

233 Inman St. SE, Cleveland, TN | 423-790-1235 Catchbarandgrill.com

Fresh seafood featuring Gulf Coast and Asian cuisine.

#### **Cobblestone Grille**

170 N. Ocoee St., Cleveland, TN | 423-790-7006 Cobblestonearille.com

Breakfast, lunch and coffee in downtown Cleveland.



**2538** Keith Street, Cleveland, TN | 423-472-8868 Deliboysonline.com

Artisanal sandwiches, salads, plates and soups. Fountain sodas, craft beers, Kombucha, Nitro Coffee, and desserts served in a casual neighborhood eatery.

#### **Farmhouse Restaurant**

**2260** Harrison Pike, Cleveland, TN | 423-339-9998 Family-style restaurant – food just like grandma used to make.

#### Gabriel's Pizza

**2625** Keith St., Cleveland, TN | 423-728-2222 Gabrielspizzas.com

Local art-filled parlor making deep-dish pizza with gourmet toppings and other Italian eats.

#### **Gardner's Market**

**262 Broad St. NW, Cleveland, TN** | 423-478-3906 Step back in time to an Old-World deli-

#### **Jenkins Deli**

2390 Spring Creek Blvd., Cleveland, TN

423-478-1648 Jenkins-deli.com

Top-rated regional restaurant featuring American-style cooking.

#### Just a Bakery

**1705 Stuart Ave. NW, Cleveland, TN** | 37312 Justabakery.com

Unique bakery with European twist cakes, pastries and

#### Lasater's Coffee & Tea

2450 Spring Creek Blvd., Cleveland, TN

Custom-roasted award-winning coffee and a large selection of teas.

#### **Old Fort Restaurant**

**1422 25th St. NW. Cleveland. TN** | 423-339-0446 Home cooked meals in a family atmosphere.

#### The Spot

**45** N. Ocoee St., Cleveland, TN | 423-479-7768 A Cleveland tradition since 1937, featuring burgers and hand-dipped shakes and malts.

#### Stadium BBQ

**773** Keith St. NW, Cleveland, TN | 423-790-0002 StadiumBBQ.com

Enjoy this Southern barbecue with all the fixings - and save room for their homemade fried pies.

#### **Town House Bake Shop**

**2524** Keith St. NW, Cleveland, TN | 423-478-2822 Townhousebakeshopinc.com Sweet stop for bakery items and cakes since 1963.

#### **Village Bake Shop**

**201** Keith St. SW, Cleveland, TN | 423-476-5179 Established in 1961, this bakery offers a wide variety of delicious sweets and treats.

#### Willie's Deli

**7701** N. Lee Hwy., Charleston, TN | 423-336-8008 Great sandwiches and burgers.

#### **Dayton - Spring City**

#### **Cumberland Café & Market**

1368 Market St., Dayton, TN 37321 423-834-9888

Cumberlandcafeandmarket.com Fresh, locally sourced and made-from-scratch food for dine-in and take-out, as well as grab-and-go items.

#### **Dayton Coffee Shop & Restaurant**

280 2nd Ave., Dayton, TN | 423-775-6156 Coffee and Southern favorites.

#### Delia's Mexican

8796 Rhea County Hwy., Dayton, TN | 423-570-

Your destination in Dayton for authentic Mexican

#### Ellie's Catfish Cafe

**260 16th Ave., Dayton, TN** | 423-570-0620 Serving catfish and Southern country cuisine.

#### **Harmony House Coffee**

378 1st Ave., Dayton, TN | 423-570-7656 Harmonyhousecoffee.com Fresh roasted coffee, tea and a full-service espresso bar in downtown Dayton.

#### **Jacob Myer's Restaurant on the River**

**185 Chickamauga Dr., Dayton, TN** | 423-570-0023 Jacobmyersrestaurant.com

Traditional American fare and seafood in a casual atmosphere just up the road from Chickamauga Lake.

#### Mo-Mo's BBQ

7481 Rhea County Hwy., Dayton, TN | 423-775-

Specializing in pulled pork, chicken, beef, ribs and their best-selling killer potato.

#### **Monkey Town Brewing Co.**

287 1st Ave., Dayton, TN | 423-775-1800 Monkeytownbrewing.com Craft beer made in house - open 7 days lunch &

#### 1st Avenue Pizza, Books & Treats

**283 1st Ave., Dayton, T**N | 423-570-1000

1stavenuepbt.com

dinner.

Fast and casual pizza restaurant with an adorable and unique bookstore. Also serving house-made gelato and desserts.

#### Screen Door Café

**449 Delaware Ave., Dayton, TN** | 423-777-4868 Screendoorcafe.com

Homestyle meals made from scratch.





#### Banjo's BBQ

1410 Maley Hollow Rd., Dayton, TN 423-785-7606

Banjos-bbg.com

Pork, chicken, ribs, brisket and the BOOMER prepared with a special blend of 17 seasonings. All sauces made in-house.

#### **Decatur - Ten Mile**

#### **Decatur Family Diner**

17315 TN-58 N, Decatur, TN | 423-334-3354 Family-friendly restaurant serving country-style favorites. Breakfast served all day

#### **Euchee Grill & Brewhouse**

**200** Euchee Ln., Ten Mile, TN | 423-454-0165 Eucheegrillandbrew.com

Enjoy dinner and craft beer overlooking beautiful Watts Bar Lake. Indoor and patio seating available.

#### Mr. Twister

**2593 TN-304, Ten Mile, TN** | 423-334-1984 Ice cream, burgers and dinners next to Watts Bar Lake.

#### Uncle Gus's Mountain Pit Bar-B-que

**810** Peakland Rd., Ten Mile, TN | 423-334-2487 Barbecue and American favorites in a fun, eclectic setting near Watts Bar Lake.



Tocal Food 21

#### **Dunlap**

#### Andy's Pizza & Steak House

**7291 TN-28, Dunlap, TN** | 423-949-3633 Great stop for pasta, pizza, steak and a salad bar.

#### **Anthony & Teresa's Home Cooking**

**56028 TN-28, Dunlap, TN** | 423-949-4089 Homecookin' passed down from our grandparents. Open Thursday through Sunday for breakfast, lunch and dinner.

#### **Cagle Mountain Trading Post & Restaurant 5734** Old State Hwy. **8**, Dunlap, TN | 423-949-5063

Offers three meals a day with all-you-can-eat catfish every Friday night.

#### Cookie Jar Café & Johnson Family Farm

**1887** Kelly Cross Rd., Dunlap, TN | 423-949-5852 thecookiejarcafe.com

Home-style cooking and decadent desserts in a rural farm setting with the beautiful Sequatchie Valley.

#### **Dunlap Restaurant**

**17238** Rankin Ave., Dunlap, TN | 423-949-2595 This restaurant has been serving breakfast, brunch and burgers in the beautiful Sequatchie Valley for more than 50 years.

**16952** Rankin Ave., Dunlap, TN | 423-949-6132 Family-owned authentic Mexican restaurant.

#### Sequatchie Valley BBQ

**7000 TN- 28, Dunlap, TN** | 423-949-5900 Barbecue drive-through in the Sequatchie Valley.

#### **Harrison - Georgetown**

#### **Dockside Café @ Harrison Bay State Park** 8411 Harrison Bay Rd., Harrison, TN

Casual atmosphere serving American favorites, country cooking and seafood on Chickamauga Lake.

#### **Dave's Spiced Right BBQ** 12914 TN-58, Georgetown, TN

423-961-90793

423-344-9998

Barbecue (and more) that is notoriously "spiced right."

#### **Pikeville**

#### 3-Way Market

**79 Tom Hale Flat Rd., Pikeville, TN** | 423-881-4433 A simple convenience store, but the locals love their burgers and pizza.

#### **Ember's Ice Cream Shoppe**

**3089 Main St., Pikeville, TN** | 423-447-3500

#### Pig-N-Catch

**3651 Main St., Pikeville, TN** | 423-447-7000

#### Morgan Brothers BBQ

**38408 US-127., Pikeville, TN** | 423-447-6423

#### Morgan's On Main

**3097** Main St., Pikeville, TN | 423-447-3000

#### **Oren Wooden's Apple House**

6351 New Harmony Rd., Pikeville, TN

423-447-6376

Seasonal hours.

Woodensapplehouse.com Purchase seasonal fruits and veggies and enjoy Oren's Orchard Café and Pie Shop. Group tours available.

#### Pizza King

3729 Main St., Pikeville, TN | 423-447-7564 Pizza and Italian food in a casual atmosphere.

#### Scottie's

**3211** Main St., Pikeville, TN | 423-447-6892 Enjoy burgers and fries on a barstool in downtown

#### The Farmhouse Chandelier Cafe & Gifts

**407** Cumberland Ave., Pikeville, TN | 423-447-2000 Soups, sandwiches and charming gifts.

#### **Soddy-Daisy**

#### **Aris' Harbor Lights Restaurant & Lounge**

**9718** Hixson Pk., Soddy-Daisy, TN | 423-843-2800 Arisharborlight.net

Overlooking the Tennessee River, this family-friendly restaurant offers food and entertainment with indoor and outdoor seating. Private boat dock available for

#### **Home Folks Restaurant**

8981 Dayton Pike, Soddy-Daisy, TN | 423-332-5724 Comfort food in a comfortable setting.

#### Blue Ribbon Café

**9705** Dayton Pike, Soddy-Daisy, TN | 423-332-5005 Southern cooking with a modern twist.

#### Steve's Landing Waterfront Grill

**1145 Poling Cir., Soddy-Daisy, TN** | 423-332-4098 Steveslandingsoddy.com Overlooking Chickamauga Lake, this marina

restaurant has a large deck with a menu that ranges from seafood to steak.

#### **Dayton Mountain Farm District:**

#### **Oren Wooden Apple House**

6351 New Harmony Rd., Pikeville, TN 423-447-6376

#### **Phillip Wooden & Sons Farm Market**

3687 New Harmony Rd., Pikeville, TN 423-447-6621

#### **L&D Swafford Family Farm**

5394 Summer City Rd., Pikeville, TN 423-618-2969

#### **Gary Swafford Farm**

Summer City Rd., Pikeville, TN 423-447-7480

#### **R&R Kuntry Pumpkin Center**

46901 TN-30, Pikeville, TN 423-447-6352

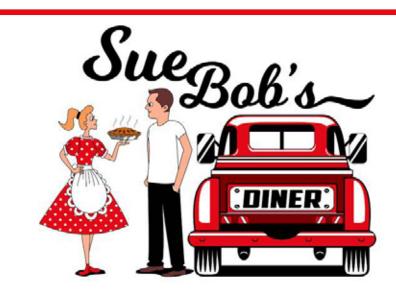
#### **Eddie Wooden Farms**

3762 New Harmony Rd., Pikeville, TN 423-468-0497

#### **Rodriguez Produce**

3157 Wooden Loop Rd., Pikeville, TN 813-215-6973





# Homemade Food **Fresh Ingredients**

Full Breakfast Menu All Day -Every Day

Lunch and Dinner

#### **DAILY SPECIALS**

#### **HOURS:**

Thursday - Saturday 7am - 8pm CST

Sunday 8am - 2pm CST

2573 Hwy 283 Powells Crossroads, TN 423-658-8575

www.suebobs.com

# Vegetarian & Vegan Options

#### See ChattaVegan.com for additional information

#### Cashew

**149 River St., Chattanooga, TN** | 423-355-5486 Cashewchattanooga.com

Vegetarian / vegan restaurant in Chattanooga. Open Wed.-Sat.

#### **Clark's Bakery at Stone Cave**

207 Stone Cave Loop - Unit A, Dunlap, TN 423-949-4333

Clarksretreat.com

Natural foods store specializing in whole grain breads and desserts.

#### **Mooney's Market & Emporium** 1265 W. Main St., Monteagle, TN

931-924-7400

Vegan juice bar and natural foods grocery store

#### Plant Power Café & Juice Bar

6215 Lee Hwy. Suite 137, Chattanooga, TN 423-762-0301

Vegan-raw-vegetarian meal friendly, as well as smoothies, juice and more.

#### Sluggo's North Vegetarian Café 505 Cherokee Blvd., Chattanooga, TN

423-752-5224

Vegetarian / vegan restaurant in Chattanooga.

#### The Green Tambourine @ First Tennessee Pavilion 1826 Carter Street, Chattanooga, TN

Greentamborinechatt.com

Mobile vegan food truck offering fresh plantbased food, sourced as locally and organically as possible. Visit @greentambourinechatt on Facebook for daily locations.



#### **South Pittsburg Jasper - Whitwell Powell's Crossroads**

**200 Elm Ave., South Pittsburg, TN** | 423-837-6423 Walk up or dine in on burgers, fries and shakes.

#### Harvey's Pirate Drive-In

**111 2nd St., South Pittsburg, TN** |423-837-7763 Favorite stop for fast food and burgers in downtown South Pittsburg.

#### Jesse's Grill

180 Battlecreek Rd., South Pittsburg, TN 423-837-9747

Bar and grill serving burgers and more.

#### **Stevarinos Italian Eatery & Pub** 238 S. Cedar Ave., South Pittsburg, TN

Italian eatery and pub in historic building in downtown South Pittsburg.



#### Kansas City Style BBQ

5247 Hwy. 41, Jasper, TN 423-939-0699

#### Café 41

**5247 US-41, Jasper, TN** | 423-942-3800 Popular spot for breakfast, sandwiches, salads, soups

desserts near South Cumberland State Park.

#### Snack Shack

and homemade

**904 Betsy Pack Dr., Jasper, TN** | 423-942-8955 Stop by for burgers and with some hand-dipped ice cream or an old fashioned banana split.

#### T's Diner

**3525 Main St., Jasper, TN** | 423-942-3505 Popular breakfast and lunch stop.

#### Top of the Rock Restaurant & Brewery

1584 Jasper Highlands Blvd., Jasper, TN 423-939-9037 Topoftherockbrewery.com.

#### **Lookout Winery & Wood Oven Pizza**

**11848 US-41. Guild. TN** | 727-499-8974 Lookoutwinery.com

Enjoy wood-oven pizza and wine overlooking Nickajack Lake.

#### Jerome's Fine Swine & BBQ

**13212 TN-28, Whitwell, TN** | 423-658-8550 Chicken and pork barbecue served with a variety of sides of sauces. Mac and pepperjack cheese is a crowd-pleaser.



#### Johnny's Hook N' Grill

**13060** Hwy. **28**, Whitwell, TN | 423-815-4014 Fish, chicken and burgers served in a casual atmosphere in the beautiful Sequatchie Valley.

#### Ramsey's BBQ

**7096** Hwy. **28**, Whitwell, TN | 37397 Ribs, barbecue, chicken and lots of fixins' and desserts in the Sequatchie Valley.

#### **Whitwell Dairy Bar**

**13292 TN-28, Whitwell, TN** | 423-658-6050 Popular stop for ice cream and frozen desserts.

#### **SueBob's Diner**

2573 Hwy 283, Powell's Crossroads, TN 37397 423-658-8575

Suebobs.com

Country cooking in a comfortable atmosphere within the beautiful Sequatchie Valley.

#### **Mountain Mart**

**4351** Hwy. **150**, Sequatchie, TN | 423-619-8616 Family-owned market near Denny Cove serving hot food and grocery items.





#### **Monteagle - Tracy City** Pelham - Gruetli Laager **Coalmont - Palmer**

#### The 135 Café

**420** Dixie Lee Ave., Monteagle, TN | 931-924-4135 Scratch-made burgers, barbecue, salads and desserts in a 1950s-style setting.

#### Depot Cafe

403 W. Main St., Monteagle, TN | 931-924-2233 Family-style restaurant serving breakfast, lunch, dinner and homemade desserts.

#### **High Point Restaurant**

**224** E. Main St., Monteagle, TN | 931-924-4600 Highpointrestaurant.net

Enjoy fine dining in this 1929 three-story mansion, presumably financed by Al Capone.

#### Jim Oliver's Smokehouse Restaurant, **Lodge & Trading Post**

850 W Main St., Monteagle, TN | 800-489-2091 Thesmokehouse.com

Southern-style breakfast, lunch and dinner served at this landmark establishment on Monteagle Mountain. Live music every Friday and Saturday night.

#### Monteagle Inn & Retreat Center

**204** W. Main St., Monteagle, TN | 931-924-3869 Monteagleinn.com

Breakfast served daily. Special occasion and wine dinners scheduled throughout the year.

#### Mooney's Market & Emporium

**1265 W. Main St., Monteagle, TN** | 931-924-7400 Vegan juice bar and health food market.



#### **Mountain Goat Market**

**109 Main St., Monteagle, TN** | 931-924-2727 Popular stop for breakfast, lunch, dinner and coffee, desserts and a few grocery store goods.

#### Papa Ron's

402 W. Main St., Monteagle, TN

931-924-3355 Paparons.net Italian steakhouse and pizza in a casual atmosphere.

#### Up in Smoke BBQ Café

73 College St., Monteagle, TN | 931-212-4506

Facebook.com/upinsmoketn Hickory smoked pulled pork and burgers.

#### The Lunch Box

**268 Colyar St., Tracy City, TN** | 931-592-4663 Serving American favorites in a casual atmosphere.

#### Dari-Delight

**740 Main St., Tracy City, TN** | 931-592-2226 Serving grill favorites.

#### **Dutch Maid Bakery**

109 Main St., Tracy City, TN | 931-592-3171

Thedutchmaid.com

Breakfast, lunch, dinner, coffee and traditional bakery sweets and treats served at Tennessee's oldest family-owned bakery and café.

#### Henry Flury & Sons Grocery

223 Main St, Tracy City, TN | 931-592-5661 Established in 1905 by Henry Flury, this oldfashioned store serves sandwiches for lunch.

#### Hank's Corner Grille

**24 Main St., Tracy City, TN** | 931-592-4499 Hankscorner1.wixsite.com/grille

#### Tea on the Mountain

**298** Colyar St., Tracy City, TN | 931-592-4832 Teaonthemountain.com

Serving high tea, afternoon tea and dinner, by reservation only.

#### **Northcutt's Family Market**

**2521 TN-50, Pelham, TN** | 931-467-2888 Serving grill favorites, sandwiches and a salad bar, as well as grocery needs.

#### Tess's Kitchen Café & RV Sites

**1553 US-41, Pelham, TN** | 931-467-8113 Southern home cooking.

#### **Simply Southern Café**

**1749 US-41, Pelham, TN** | 931-467-2600 Southern home cooking.

**Browns Dairy Bar** 27210 TN-108, Gruetli-Laager, TN 931-779-5168 Grill favorites.



#### **Fat Chunks & Dave's Restaurant** 31802 TN-108, Gruetli-Laager, TN

931-779-4080 Southern home cooking served in an old renovated gas station.

#### Sam's Corner Restaurant

**7356 TN-56, Coalmont, TN** | 423-592-7267 Home-cooked meals in a quaint old-fashioned grocery store setting.

#### The Southern Oven

139 TN-399, Palmer, TN | 931-779-6836 Southern home cooking.





#### **Chattanooga Whiskey Experimental Distillery** 1439 Market St., Chattanooga, TN 423-760-4333

Chattanoogawhiskev.com Public tours offered hourly (with paid admission). Pre-booking recommended. Private tours for

#### **Look Out Winery & Wood Oven Pizza 11848** Hwy. **41**, Guild, TN | 727-499-8974

groups of 10 or more available with reservation.

Lookoutwinerv.com

Serving hand-crafted wines using old-time winemaking techniques, as well as wood-fired pizza and desserts. Indoor and outdoor seating with beautiful views of Nickajack Lake.

#### **Monkey Town Brewing Co.**

287 1st Ave., Dayton, TN | 423-775-1800 Monkeytownbrewing.com

Craft beer made in-house. Open 7 days a week for lunch and dinner. Check website for live entertainment and events.

#### **Morris Vineyard & Tennessee Mountainview Winery**

346 Union Grove Rd., Charleston, TN 423-479-7311

Morrisvinevard.com

Free wine tastings. Established in 1965, this vineyard grows grapes, muscadines, raspberries, blackberries and blueberries to produce 17 wine varieties. Pick-your-own berries offered seasonally.

#### Ocoee Winery 5365 Waterlevel Hwy., Cleveland, TN 423-614-5100

Ocoeewinery.com

Offering a wide array of wines produced at the winery. Free tours by reservation only. Open seven days a week.

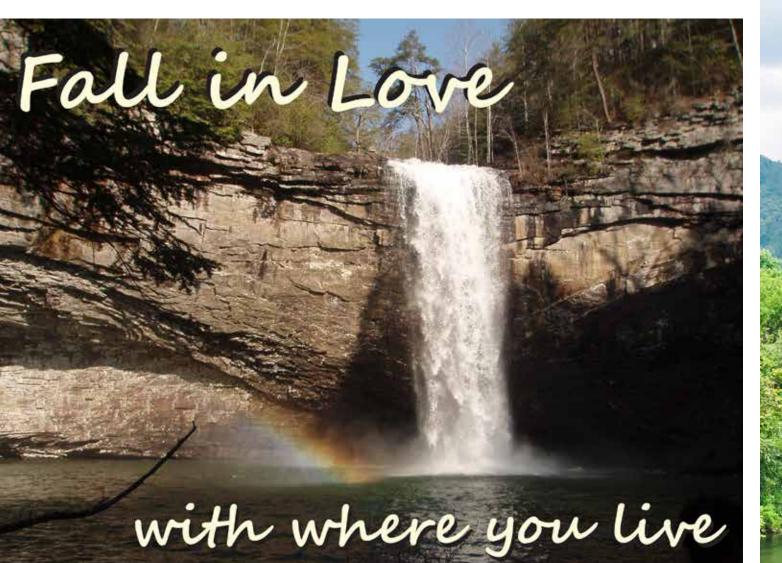
#### **Savannah Oaks Winery**

**1817** Delano Rd., Delano, TN | 423-263-1513

Free wine tastings. This family-owned winery grows their own grapes and produces 23 wines, specializing in muscadine. Located near the scenic Hiwassee River Blueway, this venue has an event hall and hosts weddings, receptions and special events.

#### Top of the Rock Restaurant & Brewery 1584 Jasper Highlands Blvd., Jasper, TN

423-939-9037 Topoftherockbrewery.com



At the foothills of the Cumberland Plateau, a convergence of natural beauty, picturesque towns, and rich culture forms Marion County. Everyone from outdoor enthusiasts to amateur historians are sure to find something memorable and fun.

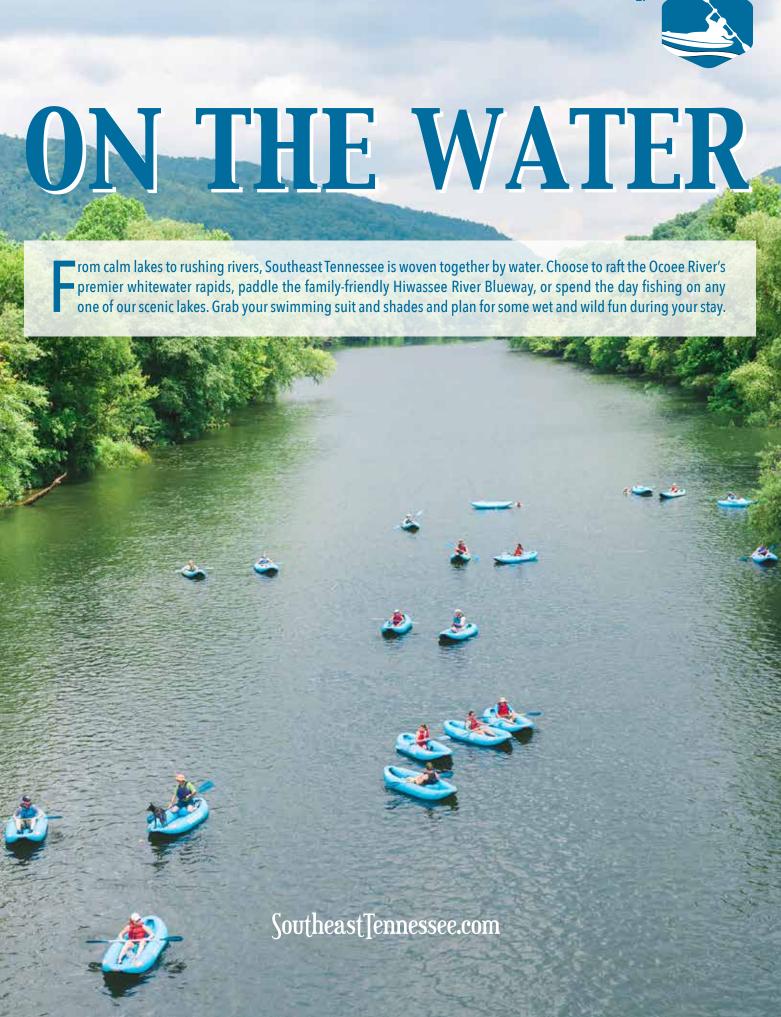




Jasper · Kimball · Monteagle · New Hope Powell's Crossroads · South Pittsburg · Whitwell

Marion County

MarionCountyChamber.com 423.942.5103 · info@marioncountychamber.com



On The Water 28

# Ocoee River

The Ocoee River is known as the one of the premier whitewater rivers in the United States. Whether you're shooting the rapids along the 5-mile long Olympic whitewater course or paddling through rapids on the 5-mile middle section, the Ocoee River promises unbeatable thrills. The river runs through the Cherokee National Forest and is regulated by the Tennessee Valley Authority. Guided trips are scheduled March through October. Learn more at www.OcoeeCountry.com.

#### **Outfitters:**

#### **Adventures Unlimited**

522 US-64, Ocoee, TN | 1-800-662-0667 Adventuresunlimited.net

#### **Big Frog Expeditions**

1278 Welcome Valley Rd., Benton, TN 1-877-776-2633 Ocoeeriver.biz

#### Carolina Ocoee

225 Industrial Dr., Ducktown, TN | 1-800-468-7238 Carolinaocoee.com

#### **Cascade Outdoors**

1248 US-64, Ocoee, TN | 1-800-338-7238 Cascadeoutdoors.com

#### **Cherokee Rafting**

869 US-64, Ocoee, TN | 1-800-451-7238 Cherokeerafting.com

Ocoee Whitewater Center

4400 US-64, Copperhill, TN | 423-496-0100

Rivers and Citico Creek. Day use fee: \$3



#### **High Country Adventures**

430 US-64 E., Ocoee, TN | 1-800-233-8594 Hcrivers.com

#### Nantahala Outdoor Center (NOC)

150 Hawkins Dr., Ocoee, TN | 828-336-7502 Noc.com

#### Ocoee Adventure Center (OAC)

4651 US-64, Copperhill, TN | 1-888-723-8622 Ocoeeadventurecenter.com

#### Ocoee Inn

can depart from the center on the highly rated Tanasi Trail System. The center offers educational programming throughout the year, including snorkeling trips on the Hiwassee and Conasauga

Ocoee River Mile Marker 12.8 2496 US-64, Benton, TN | 800-272-7238 Ocoeeinn.com

#### Ocoee Outdoors

1985 Old Copper Rd., Benton, TN | 1-800-533-7767 Ocoeeoutdoors.com

#### Ocoee Rafting

1548 TN-68, Ducktown, TN | 800-251-4800 Ocoeerafting.com

#### Outdoor Adventure Rafting (OAR)

629 Welcome Valley Rd., Benton, TN | 1-800-627-7636 Raftoar.com

#### **Outland Expeditions**

6501 Waterlevel Hwy. SE, Cleveland, TN 423-478-1442 Outlandexpeditions.com

#### **Quest Expeditions**

281 US-64, Ocoee, TN | 423-338-2979 Questexpeditions.com

#### Raft One

4599 US-64, Copperhill, TN | 1-888-723-8663 Raft1.com

#### **Sunburst Adventures**

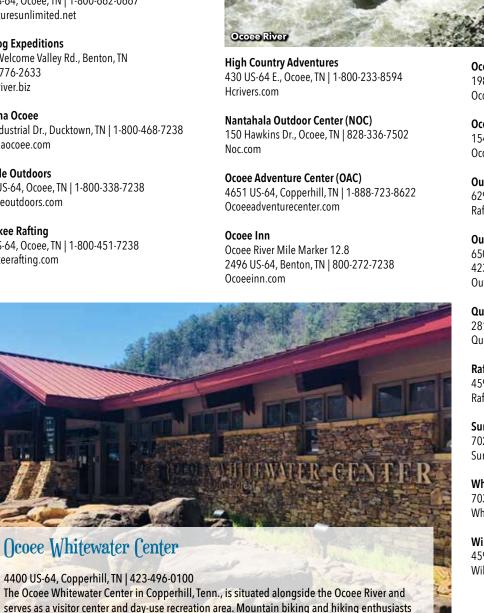
702 Welcome Valley Rd., Benton, TN | 423-338-8388 Sunburstrafting.com

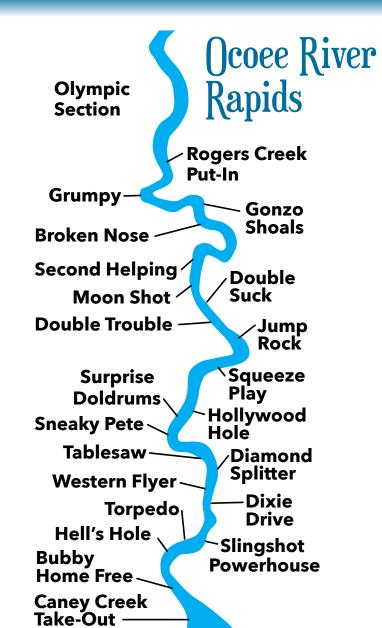
#### Whitewater Express

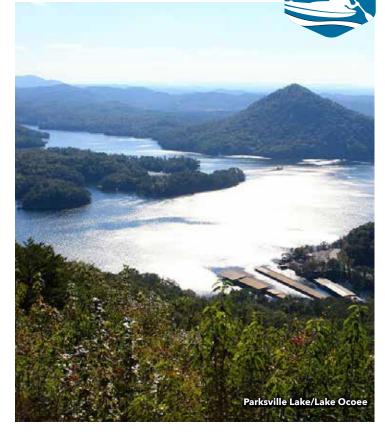
703 Golf Course Rd., Copperhill, TN | 423-496-9126 Whitewaterexpress.com

#### Wildwater LTD

4596 US-64 W, Ducktown, TN | 423-496-4904 Wildwaterrafting.com







On The Water 29

# Parksville Lake —— ([ake ()coee)

Parksville Lake, also known as Lake Ocoee, is a reservoir on the Ocoee River formed by the Tennessee Valley Authority's Dam No. 1. Completed in 1911, the dam was among the first hydroelectric projects in the region. It was acquired by TVA in 1939. The lake is set within the boundaries of the Cherokee National Forest near Benton, Tenn.

#### Lake Ocoee Inn & Marina

2496 US-64, Benton, TN | 1-800-272-7238 Ocoeeinn.com

#### Parksville Lake Campground

3171 US-64, Benton, TN | 423-338-3300 Fs.usda.gov

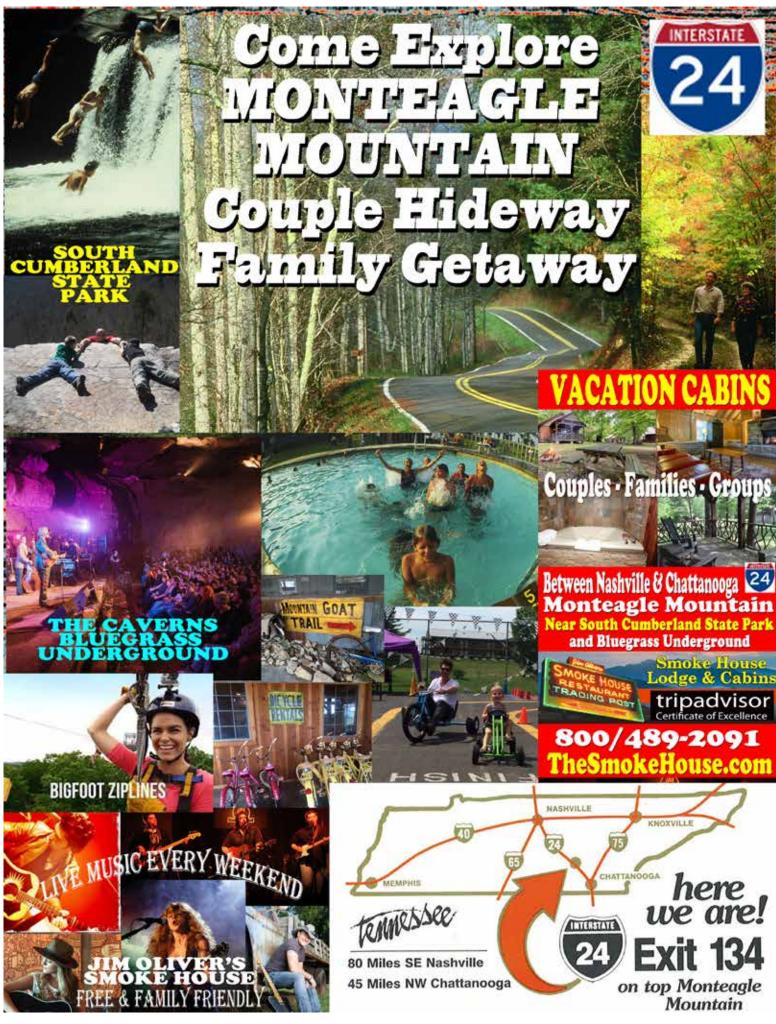
# McKamy Lake -(Chilhowee Lake)

McKamy Lake, also known as Chilhowee Lake, is located on top of Chilhowee Mountain overlooking the Ocoee River within the Cherokee National Forest. This 7-acre lake is popular for swimming, fishing, paddling and camping.

Chilhowee Recreation Area & Campground 3171 US-64, Benton, TN | 423-338-3300 Fs.usda.gov









# Hiwassee River

The Hiwassee River offers family-friendly whitewater adventure and trout fishing in the upper section of the river and motorized water recreation, bass fishing and bird watching in the lower section. The river meanders through the Cherokee National Forest and the historic towns of Reliance, Delano, Charleston and Calhoun, offering spectacular views of the regional natural landscape and numerous cultural heritage sites. Visit www.HiwasseeBlueway.com for more information.

#### Webb Bros. Float Service

3708 TN-30, Reliance, TN | 423-338-2373 Webbbros.com

#### **Hiwassee Outfitters**

155 Ellis Creek Rd., Reliance, TN | 423-338-8115 Hiwasseeoutfitters.com

#### **B&B Marina**

Hiwassee River Mile Marker 12.9 117 Marina Dr. NW, Charleston, TN | 423-336-2341 Bbmarina.com

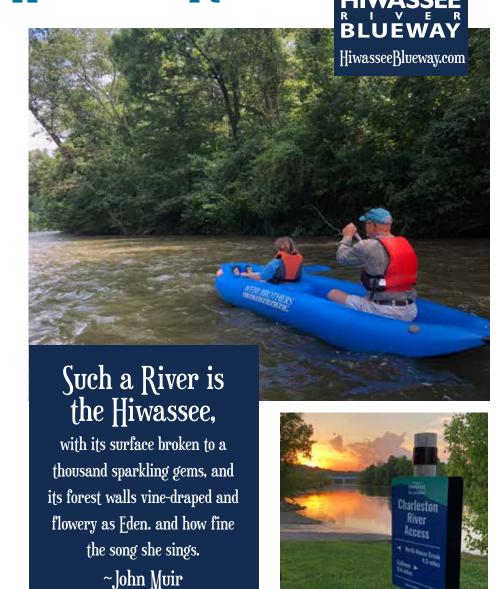
#### **Gee Creek Campground** @ Hiwassee/Ocoee Scenic River State Park

404 Spring Creek Rd., Delano, TN | 423-263-0050 **Instateparks.com** 

#### John Muir National Recreation Trail

Reliance, TN

Ocoee-Hiwassee Ranger Station: 423-338-3300 The 20.7-mile John Muir National Recreation Trail winds through the scenic Hiwassee River Gorge and Cherokee National Forest. It is said to follow the path taken by naturalist John Muir in 1867, which he outlined in his book "A Thousand-Mile Walk to the Gulf." The trail begins at Childers Creek in Reliance and follows alongside the Hiwassee River for 4.2 miles to Towee Creek before heading to Coker Creek Scenic Area



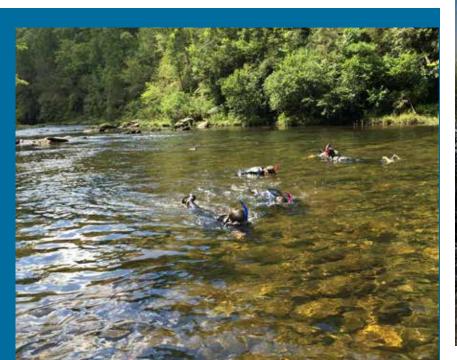
# Snorkeling fun on the Hiwassee and Conasauga Rivers and Citico Creek

Each summer, the U.S. Forest Service offers guided group snorkeling excursions on the Hiwassee River, Conasauga River and Citico Creek within the Cherokee National Forest. These freshwater snorkeling trips highlight the biodiversity of streams in the southeastern U.S., highlighting aquatic life that includes freshwater mussels, snails, aquatic insects, crayfish, salamanders and freshwater fish.

"Our snorkeling trips aim to enrich the public's understanding and appreciation for the aquatic diversity found in the southern Appalachian Mountains," said Jim Herrig, forest aquatic biologist with the Cherokee National

Private groups and organizations, as well as church and school groups, are

Reservations are required by calling the Cherokee National Forest Ocoee Whitewater Center at 423-496-0100. The cost is \$25 per snorkeler and includes a guide and lifeguard, as well as wetsuits, masks and snorkels.



# Fishing Guides & Supplies

#### Blue Ridge Fly Fishing Co.

205 Manufacturers Rd., Chattanooga, TN 423-803-2733 Blueridgeflyfishing.com Independently owned fly fishing shop in downtown Chattanooga.

#### **Chattanooga Fishing Guides**

391 Skip Ln., Soddy-Daisy, TN | 423-593-7703 Chattanoogafishingquides.com Bass fishing guides on Chickamauga Lake and the Tennessee River.

#### FishDayton - Chickamauga Lake @ Dayton Boat Dock & Grill

175 Lakeshore Dr., Dayton, TN | 865-755-0706 FIshdayton.com Home base for the "Bass Fishing Capital of the South" on Chickamauga Lake.

#### Reliance Fly & Tackle

588 Childers Creek Rd., Reliance, TN | 423-338-7771 Relianceflyshop.blogspot.com Fishing supplies and food, drinks, camping & live music.

#### **Scenic City Fishing Charters**

Chattanooga, TN | 423-509-4655 Sceniccityfishing.com Tennessee River fishing guide service based in Chattanooga, specializing in trophy catfish, bass and crappie.

#### **Southeastern Anglers**

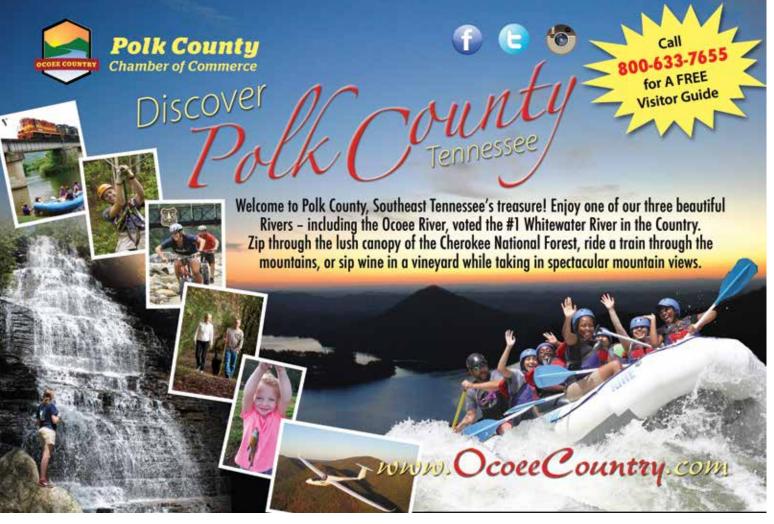
107 Riverview Ln., Reliance, TN | 423-338-7368 Southeasternanglers.com Fly fishing outfitter and guide service focusing on regional rivers and streams.

#### Sullivans Bait & Tackle

US-72, Chattanooga, TN Old-time bait and tackle shop located near Sullivan's Landing on the Tennessee River.







# Tennessee River



The 652-mile Tennessee River is formed at the confluence of the Holston and French Broad rivers to the east of Knoxville and flows south into Alabama and Mississippi and then north into Kentucky where it empties into the Ohio River. In the Southeast Tennessee, three dams create reservoirs along the river: Watts Bar Lake, Chickamauga Lake and Nickajack Lake.

Water recreation on the Tennessee River and its tributaries is a growing activity in the Chattanooga region. A number of communities and businesses throughout the region provide river access, fishing, marinas, outfitters, food, lodging and camping. For more information, visit www.TVA.gov.

#### Outfitters: =

#### Chattanooga Paddleboards

111 Frazier Ave., Chattanooga, TN | 423-702-1422 Rent various brands and types of SUP boards from various locations around the greater Chattanooga area.



#### L2 Outside

100 Market St., Chattanooga, TN | 423-531-7873 L2outside.com

Located in downtown Chattanooga, offering SUP board and kayak rentals, lessons and various group

#### River Canyon Adventures

21726 River Canyon Rd., Chattanooga, TN 423-488-8211

Rivercanyonadventure.com Located 10 mins from downtown Chattanooga, offering kayak and SUP boards to individuals and groups to paddle the Tennessee River Gorge. \$15 parking fee if you bring your own boards/boats.

#### Rock/Creek Rentals & Outpost

Office: 4301 Amnicola Hwy., Chattanooga, TN 423-643-1522

#### Rockcreek.com/rentals Rent bikes, kayaks and SUP boards at:

- Hubert Fry Center, 4301 Amnicola Hwy., Chattanooga, TN | 423-643-1522
- Bikes only: Enterprise South Nature Park, 190 Still Hollow Loop, Chattanooga, TN 423-643-1523
- Chester Frost Park, 2406 Gold Pt. Circle S., Hixson, TN | 423-643-1524

#### Rusty's Kavaks and Paddle Boards @ Harrison Bay State Park

8332 Harrison Bay Rd., Harrison, TN 423-591-5526

Rustyskayaks.com

Rent sit-on-top kayaks or stand up paddle boards for up to a full day on Chickamauga Lake.

#### **Scenic City Safari Shuttles & Outfitters**

423-653-4845

Full-service canoe, kayak, and stand up paddleboard rental and shuttle service.

#### **Southeastern Adventure Tours**

1117 Dayton Blvd., Chattanooga, TN 423-800-4644

Southeasternadventuretours.com Outdoor recreation company offering 4-hour tours of the Tennessee River Gorge in inflatable rafts propelled by outboard motors.

#### Sunshine's Adventures

Chattanooga, TN sunshines-adventures.com | 423-763-7257 Sunshine's Adventures provides unique, guided and equipped paddleboard tours on Chattanooga waterways. We can customize tours for you and your group, and we provide all the equipment and planning.

# Chickamauga Lake

Chickamauga Lake is a reservoir on the Tennessee River that stretches 59 miles from Chickamauga Dam in Chattanooga to Watts Bar Dam in Ten Mile, Tenn. The lake features several parks and is popular for boating, fishing. swimming and camping. For more information, visit www.TVA.gov.

#### Blue Water RV Resort & Marina

TN River Mile Marker 504.4 220 Blue Water Campground Rd., Dayton, TN 423-775-3265 Bluewaterdayton.com

#### **Booker T. Washington State Park Marina**

5801 Champions Rd., Chattanooga, TN 423-894-4955 Instateparks.com

#### Chester Frost Park & Camparound

2318 North Gold Point Cir., Hixson, TN 423-842-0177 Hamiltontn.gov

#### FishDayton - Chickamauga Lake @ Dayton Boat Dock & Grill

175 Lakeshore Dr., Dayton, TN | 865-755-0706 Fishdayton.com

#### Harrison Bay State Park Marina

TN River Mile Marker 478 8411 Harrison Bay Rd., Harrison, TN 423-344-6214 Instateparks.com

#### **Island Cove Marina & Resort**

TN River Mile Marker 477.5 6701 TN-58, Harrison, TN | 423-344-8331 Islandcovemarina.com

#### **Lakeshore Marina**

TN River Mile Marker 471 5600 Lake Resort Terr., Chattanooga, TN 423-870-2000 Lsmarina.com

#### Soddy Lake Public Fishing Pier

9835 Dayton Pike, Soddy-Daisy, TN

Tennessee River - Downtown Chattanooga



Nickajack Lake is a reservoir on the Tennessee River that extends 46 miles from Nickajack Dam to Chickamauga Dam. The reservoir offers wide expanses of water for boating, paddling, swimming and other outdoor recreation activities. For more information, visit www.TVA.gov.

#### Hales Bar Marina & Resort

TN River Mile Marker 431.1L 1265 Hales Bar Rd., Guild, TN | 423-942-9000 Halesbarmarina.com

#### **Marion County Park & Campground**

TN River Mile Marker 429.0 9696 US-41, Jasper, TN | 423-942-6653 Marioncountychamber.com

# Watts Bar Lake

On The Water 35

Watts Bar Lake is a reservoir on the Tennessee River that extends 72 miles from Watts Bar Dam in Ten Mile, Tenn., to Fort Loudon Dam in Lenoir City, Tenn. Watts Bar Lake is popular for boating, fishing, swimming, camping and other outdoor activities. For more information, about attractions on Watts Bar Lake, visit www.MeigsTN.com and www.TVA.gov.

#### **Arrowhead Resort & Marina**

TN River Mile Marker 544.6 261 Bennett Dr., Spring City, TN | 423-365-6484 Arrowheadresort.com

#### **Cottonport Marina & RV Resort**

TN River Mile Marker 513.7 797 Cottonport Ferry Rd., Decatur, TN 423-454-4110 and 423-322-0950

#### Eden Marina & Campground

TN River Mile Marker 542.3 653 Scenic Lakeview Dr., Spring City, TN 423-365-6929

#### **Euchee Marina Resort & Campground** & Euchee Grill & Brew House

TN River Mile Marker 540.5 200 Euchee Ln., Ten Mile, TN | 423-334-1004 Eucheemarinaresort.com

#### Sam's Boat Dock

TN River Mile Marker 538.5 322 Sam's Boat Dock Rd., Ten Mile, TN 423-334-5620 Samsboatdock.com

#### Terrace View Marina, Resort & Restaurant

3367 Euchee Chapel Rd., Spring City, TN 423-365-6060 Terraceviewmarina.com

#### Whites Creek Marina & Lakeside Resort

1190 Whites Creek Rd., Spring City, TN | 866-365-9521 Whitescreekmarina.com

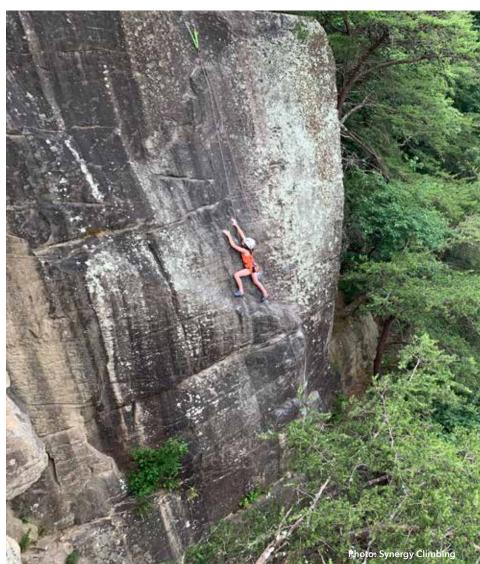






Southeast Tennessee is recognized as the southeastern capital for rock climbing. This incredible climbing destination offers it all - classic climbs to steep sport routes to perfect boulder problems – and there is an expanding inventory of crags and boulder fields that are being established and opened to the public.

The Southeast Tennessee Tourism Association partnered with regional climbing advocates to create a rock climbing guide that highlights a collection of the most popular climbing areas within an hour's drive of Chattanooga. A pdf version of the guide is available at SoutheastTennessee.com.



#### **High Point Climbing & Fitness**

Two locations: 219 Broad St., Chattanooga, TN | 423-602-7625 1007 Appling St., Chattanooga, TN | 423-475-6578 Highpointclimbing.com

Highpointclimbing.com
Indoor rock-climbing gyms in downtown
Chattanooga.

#### She Moves Mountains - East

Chattanooga, TN 912-294-3334 Savannah@shemovesmountains.org Shemovesmountains.org

# ROCK CLIMBING IN SOUTHEAST TENNESSEE True Southeast Tennessee

#### **Synergy Climbing**

Synergyclimbing.com 760-920-5348

Lisa Rands and Wills Young are world-renowned climbing coaches, and American Mountain Guides Association (AMGA) certified instructors with over 60 years of climbing experience between them.

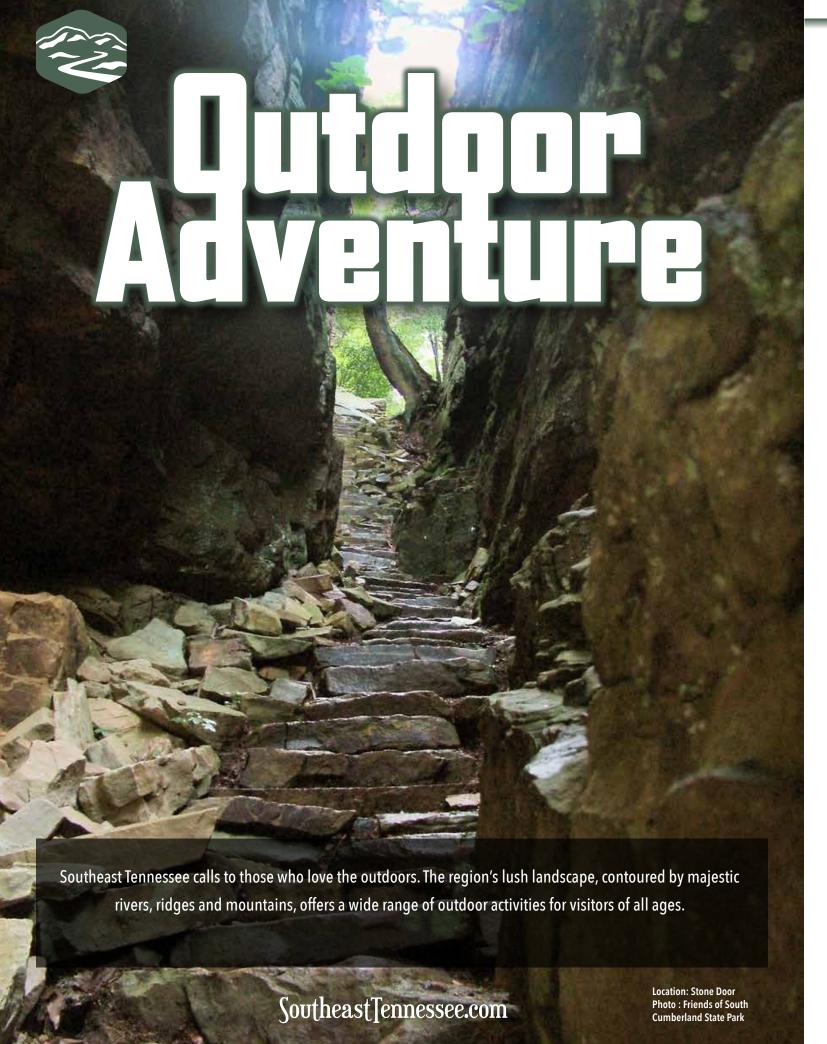
#### Tennessee Boulder Authority (TBA)

3804 St. Elmo Ave., Chattanooga, TN 423-822-6800

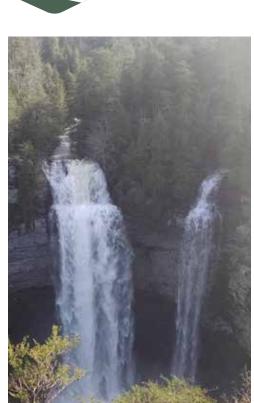
Thagym.com

Chattanooga's original indoor bouldering and rock-climbing facility.





# State Parks



#### The Cumberland Trail (CT) Cumberland Trail State Park: 423-566-2229 Cumberlandtrail.org

The Cumberland Trail is a Tennessee scenic footpath that follows a line of high ridges and deep gorges along East Tennessee's Cumberland Plateau. Currently, 15 segments of trail have been developed, with more than 210 miles of trail open for hiking. The southern terminus of the trail is located at the Chickamauga-Chattanooga National Military Park on Signal Mountain just outside of Chattanooga. The northern terminus of the trail is located at Cumberland Gap National Historical Park at the TN/ KY/VA borders.

#### ■ Fall Creek Falls State Park

2009 Village Camp Rd., Spencer, TN | 423-881-5298 Instateparks.com

In addition to Fall Creek Falls, one of the tallest waterfalls in the eastern United States, the park features smaller waterfalls and more than 34 miles of trails.

#### **Harrison Bay State Park**

8411 Harrison Bay Rd., Harrison, TN | 423-344-6214 Tnstateparks.com

Harrison Bay State Park lines 40 miles of Chickamauga Lake shoreline and features marina facilities, RV and tent campsites, a 4.5-mile loop trail, and the Bear Trace Golf Course at Harrison Bay, a Jack Nicklaus course.

#### Hiwassee/Ocoee Scenic River State Park

404 Spring Creek Rd., Delano, TN |423-263-0050 Tnstateparks.com

Whitewater rafting and paddling are popular activities on the Ocoee and Hiwassee rivers within the park, which borders the Cherokee National Forest. Gee Creek Campground is located along the Hiwassee River, offering 47 tent campsites.

#### **Booker T. Washington State Park**

5801 Champions Rd., Chattanooga, TN 423-894-4955

Tnstateparks.com

Situated on the shores of Chickamauga Lake featuring a 6-mile mountain bike trail, Olympicsized swimming pool, three large picnic pavilions and individual picnic sites.

#### Pinev Falls State Natural Area

Part of the Cumberland Trail Firetower Rd., Grandview, TN | 423-566-2229 A 440-acre natural area featuring hiking trails, creeks, waterfalls and old-growth forest.

# **Guided Climbing Trips**

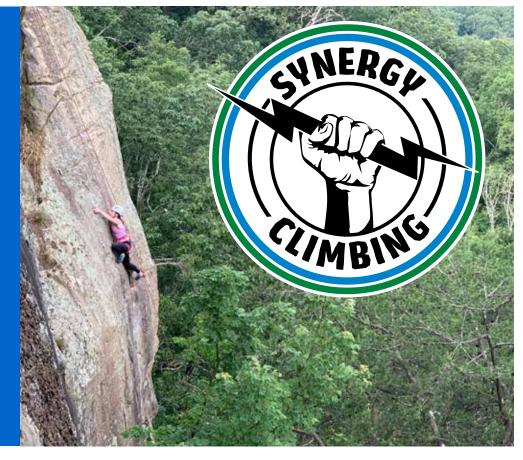
#### **Synergy Climbing** & Guide Service

Chattanooga, Tennessee

Will Young & Lisa Rands

SynergyClimbing.com

Call or text: 760-920-5348



# Outdoor Resources





#### Outdoor Chattanooga

200 River St., Chattanooga, TN | 423-643-6888 Outdoorchattanooga.com

Located within Coolidge Park on the banks of the Tennessee River, this resource center offers outdoor information for the region and outdoor programs for all ages and abilities.



#### **Ocoee Whitewater Center**

4400 US-64, Copperhill, TN | 423-496-0100

The Ocoee Whitewater Center in Copperhill, Tenn., is situated alongside the Ocoee River and serves as a visitor center and day-use recreation area. Mountain biking and hiking enthusiasts can depart from the center on the highly rated Tanasi Trail System. The center offers educational programming throughout the year, including snorkeling trips on the Hiwassee and Conasauga Rivers and Citico Creek. Day use fee: \$3



200 River St., Chattanooga, TN | 423-643-6888 Outdoorchattanooga.com

Located within Coolidge Park on the banks of the Tennessee River, this resource center offers outdoor information for the region and outdoor programs for all ages and abilities.



#### **Velo View Bike Tours**

veloviewbiketours.com | 423-834-8388

Velo View Bike Tours provides a personalized cycling experience through private custom bike tours. From our home base in Chattanooga, Tennessee, we have access to some of the best cycling in the country - road riding, mountain biking and gravel grinding!



#### **Experience Chattanooga**

203-623-4519

experiencechattanooganow.com

Seeking adventure? Experience Chattanooga offers guided tours for all ages & skill levels. Let them lead you to the best mountain views & waterfalls around!"



#### Sunshine's Adventures

sunshines-adventures.com | 423-763-7257

Sunshine's Adventures provides unique, guided and equipped paddleboard tours on Chattanooga waterways. We can customize tours for you and your group, and we provide all the equipment and planning.

# South Cumberland State Park

South Cumberland State Park is Tennessee's larest state park, comprised of 30,845 acres in nine separate sections of the park along the South Cumberland Plateau. The area features nearly 100 miles of walking and hiking trails, spectacular waterfalls, blue holes, and opportunities for rock climbing and back country camping.

#### **Visitor Center - South Cumberland State Park**

11745 US-41, Monteagle, TN | 931-924-2980 Hours: Monday-Sunday 8 a.m. to 4 p.m. CST TNstateparks.com

#### Savage Gulf Ranger Station

3157 TN-399, Palmer, TN | 931-779-3532 Overnight parking for camping only. Distance from Visitor Center: 27 miles The Savage Gulf ranger station is the eastern access point for the Savage Gulf-Stone Door trail system.

#### **Stone Door Ranger Station**

1183 Stone Door Rd., Beersheba Springs, TN Overnight parking for camping only.

Distance from Visitor Center: 25.7 miles The Stone Door ranger station is the western access point for the Savage Gulf-Stone Door trail system.

#### **Foster Falls Campground** @ South Cumberland State Park

Camping type: 26 rustic campsites 498 Foster Falls Rd., Sequatchie, TN Reservations required: 931-924-2980 TNstateparks.com

#### **Backcountry Camping @South Cumberland State Park**

Reservations: 931-924-2980 The park has over 90 miles of backpacking trails with 93 campsites and eight group sites.

#### **Hobbs Cabin Rustic Lodge** @ South Cumberland State Park

Reservations: 931-924-2980 This rustic tin roof cabin lies along the park's North Plateau Trail and is approximately a 9-mile hike from both the Stone Door and Savage Gulf ranger stations.

# Friends of South Cumberland

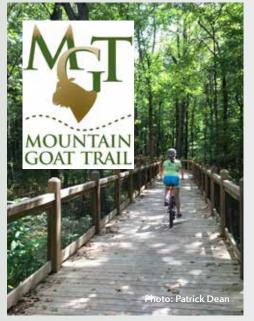


#### **Friends of South Cumberland** Sewanee, TN friendsofsouthcumberland.org

The Friends of South Cumberland is a group of volunteer citizens dedicated to supporting the South Cumberland State Park, at 30,837 acres, Tennessee's largest state park. As a 501(c)(3) non-profit membership corporation, funding for the Friends of South Cumberland is derived from individual and corporate memberships and from private donations.

# Photos: Sean Fisher - @mr.bootstra





#### **Mountain Goat Trail**

The Rail-Trail of the South Cumberland Plateau The Mountain Goat Trail is a rail-to-trail system that connects communities along the historic path of the Mountain Goat Trail in a region known as the South Cumberland Plateau in Southeast Tennessee.



Currently, the 4.6-mile Sewanee-Monteagle section of the trail begins in Sewanee, Tenn., and ends at Mountain Outfitters in Monteagle, Tenn. A new 3-mile segment connects Tracy City Elementary School to downtown Tracy City.

The Mountain Goat Trail Alliance, a nonprofit organization, is working to complete the entire 40mile trail, retracing the railroad's former route from Cowan to Palmer.

MountainGoatTrail.org





# Cherokee National Forest

**Visitor Center: Ocoee Ranger District Office** Hours: 8 am - 4:30 pm / Mon-Fri 3171 Hwy. 64, Benton, TN | 423-338-3300 Fs.usda.gov

The Cherokee National Forest is comprised of four ranger districts: the Ocoee, Tellico, Unaka and Watauga. The Ocoee Ranger District (94,628 acres) in Southeast Tennessee is the southernmost district in the forest. It includes the following areas: Chilhowee Recreation Area, Rock Creek Gorge Scenic Area, Little Frog Wilderness Area, Big Frog Wilderness Area and Cohutta Wilderness Area. This section of the forest offers camping, boating, hiking, biking, horseback riding, whitewater rafting, kayaking, picnicking and swimming.





Trailheads South Cumberland State Park



#### Chickamauga & Chattanooga **National Military Park**

3370 Lafayette Rd., Fort Oglethorpe, GA 706-866-9241

The oldest and largest of America's Civil War parks.

#### Moccasin Bend National Archaeological District

Moccasin Bend Rd., Chattanooga, TN | 423-322-5014 Moccasinbendpark.org

A 750-acre historic park features two trails: the Brown's Ferry Federal Road Trailhead and the Blue Blazes Hiking Trail.

#### **Red Clay State Historic Park**

1140 Red Clay Park Rd. SW, Cleveland, TN 423-478-0339

**Instateparks.com** 

This former capital of the Cherokee Nation is today a historic park that features a museum, replicas of Cherokee structures, the Eternal Flame, and a loop trail that passes the sacred Blue Hole Springs.

# Historic Parks & State Forests



#### **Bledsoe State Forest**

30396 TN-30, Pikeville, TN | 423-881-3585 This forest is used for hunting and small amounts of fishing. Some hiking and horseback riding occur on the 8,274-acre Cumberland Plateau forest.

#### **Franklin-Marion County State Forest**

310 Firetower Rd., Sewanee, TN | 931-598-0830 The forest offers 20 miles of marked trails for hiking, bird watching, mountain biking, horseback riding and hunting on the Cumberland Plateau.

#### **Prentice Cooper State Forest**

Office: Suck Creek Drive on Suck Creek Mtn., Chattanooga, TN 423-658-5551

Cumberlandtrail.org.

Prentice Cooper State Forest protects nearly 26,000 acres and highlights the spectacular Tennessee River Gorge along the Tennessee River. Recreation activities include hiking, rock climbing, camping, horseback riding, mountain biking and hunting. The forest offers 35 miles of hiking on three main trails: the 12-mile Pot Point Loop Trail, the 10-mile Mullen's Cove Loop Trail, and a 14-mile section of the Cumberland Trail. The section of Prentice Cooper east of Highway 27 is a designated Wildlife Management Area, managed in cooperation with the Tennessee Wildlife Resources Agency for deer, turkey, raccoon, squirrel and several nongame species. Call or check the website for hunting closure dates before visiting

# Horseback Riding



#### **Blanche Manor**

160 Blanche Manor Ln., Copperhill, TN 706-455-7433

Blanchemanor.com

Explore the mountains by saddle any time during the year.

#### **Fall Creek Falls Riding Stables**

2009 Village Camp Rd., Pikeville, TN | 423-881-5952 Fallcreekfalls.org

Two-mile guided rides available, as well as trail rides (with reservations). March-November.

#### Hidden Hills Farm & Saddle

5900 Edgemon Rd., Ooltewah, TN | 423-488-3993 Hiddenhillsfarm.com

A 500-acre family farm offering boarding, riding lessons, guided trail rides, horse shows and events.

#### **Ocoee Horseride**

515 Old Bacon Rd. NE, Charleston, TN | 423-432-

Ocoeehorseride.com

Privately owned ranch offering guided horseback trail rides for all ages and experience levels.

#### **Tennessee Dude & Guest Ranch**

1050 Ray Hixson Rd., Dunlap, TN | 423-554-4677 Tnhorsevacation.com

Enjoy dude ranch stays, farm stays and horseback riding adventures in the beautiful Sequatchie Valley.

#### Appalachian Bee

1943 Old Federal Rd., Ocoee, TN | 423-338-1149 Honeybeesrock.com

Producing 100 percent pure raw unfiltered artisan honeys and hone products, as well as natural skincare products. Visit the farm, sample products, peek at the observation hike, and learn more about honeybees. Call for tour information.

#### **Guthrie Pumpkin Farm & Corn Maze**

490 County Rd. 67, Riceville, TN | 423-650-2939 Inpumpkinfarm.com Bring the family for fun farm activities including a

hayride, corn maze, petting barn, and more.

#### **Mayfield Dairy Farms - Visitor Center**

4 Mayfield Ln., Athens, TN | 423-649-2653 Mayfielddairy.com

Tour Mayfield's milk and ice cream plant and enjoy the ice cream parlor afterward.

#### Old McDonald's Farm

16705 Coulterville Rd., Sale Creek, TN 423-531-2676 Oldmcdonaldsfarm.net Corn maze, pumpkin patch, hayrides and more.

#### River Maze

1371 US-64, Ocoee, TN 423-650-0710 Therivermaze.com Corn maze, pumpkin patch, hayrides and more.

# Farm Fun



# COME VISIT Hometown! CAST IRON COOKWARE, OUTDOOR GEAR, **GRILLING ACCESSORIES, KITCHEN** ACCESSORIES, COOKBOOKS, FACTORY SECONDS & MORE

→ FACTORY STORE → **SOUTH PITTSBURG** 423.837.5919 | 220 East 3rd Street

Present this coupon for 10% off your next purchase. Valid only at the South Pittsburg Factory Store (220 E. 3rd St., South Pittsburg, TN 37380). Limit one use per coupon, one coupon per visit. This coupon cannot be combined with any other offer or discount.

# Enjoy the View: The Best Overlooks in Southeast Tennessee

Southeast Tennessee is one of the most beautiful regions in the country, anytime of year. With a landscape featuring mountains, valleys, natural rock formations, waterfalls and more, there's something to see in every season. Here are eight local overlooks in the region to enjoy any time of year.

#### 1. Great Stone Door at South Cumberland State Park

Park boasts almost 26,000 acres of land for hiking and backcountry camping, but perhaps it's best-known for the Great Stone Door, a cliff line overlooking the Savage Gulf. It draws its name from a crack in the cliff that runs from top to bottom, looking like a door left slightly aiar. The Great Stone Door is one of many ways to access the gulf below. The trails provide great wildflower hunting in the spring and summer.

#### 2. Sequatchie Valley

Take in the splendor of the Sequatchie Valley from an overlook located on Tennessee Highway 111 North. From the pull-off, you'll see the narrow valley below and the bluffs on the opposite side that comprise the Cumberland Plateau.

#### 3. Chilhowee Overlooks in Cherokee National Forest

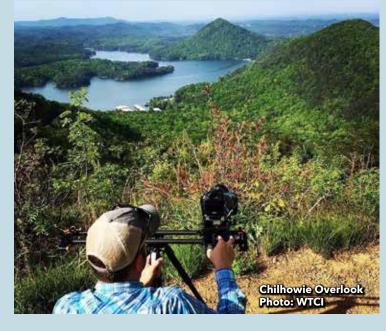
Three overlooks grace the 7-mile drive to the Chilhowee Recreation Area along the Ocoee Scenic Byway. All three offer expansive views of the Appalachian Mountains and Parksville Lake. Chilhowee is also a great area to camp, hike, swim and bike.

#### 4. Point Park on Lookout Mountain

Only a few minutes from downtown Chattanooga, Point Park offers a beautiful view of the Scenic City and Moccasin Bend. The park sits at an elevation of 2,135 feet above the city and includes a paved walking path that takes visitors by historic tablets, monuments, Confederate artillery and the scenic overlook. Admission is charged most days of the year.

#### 5. Snoopers Rock - Tennessee River Gorge

The Snoopers Rock Trail features several beautiful overlooks and, during the spring and summer, beautiful wildflowers. It's also a great area for hiking, birding



#### 6. Big Bend

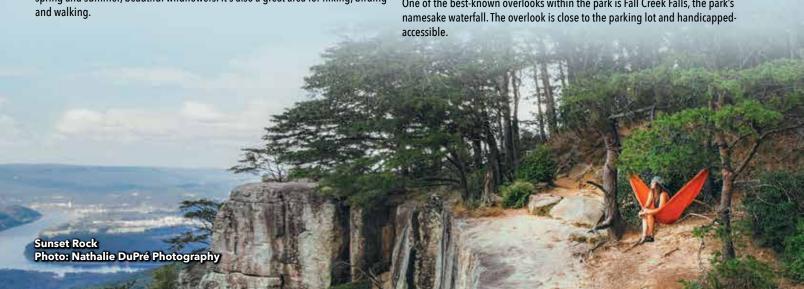
Located within the Cherokee National Forest near Reliance, Tenn., Big Bend overlook on Hood Mountain provides stunning views of the upper section of the Hiwassee River. From Reliance, cross the bridge and follow Childers Creek Road to Powerhouse Road to Big Bend Recreation Area parking.

#### 7. Foster Falls at South Cumberland State Park

Foster Falls is part of South Cumberland State Park and is located along the Fiery Gizzard Trail, which is one of the best-known trails in the state, region and even the nation among hiking enthusiasts. The biggest plus of Foster Falls, besides its beauty, is the fact that it's handicapped-accessible because the overlook is so close to the parking area.

#### 8. Fall Creek Falls State Park

One of the best-known overlooks within the park is Fall Creek Falls, the park's namesake waterfall. The overlook is close to the parking lot and handicapped accessible.



# Urban Parks & Trails

#### Armstrong Ferry Recreation Area

4623 Armstrong Ferry Rd., Decatur, TN | 423-334-3584

900 N. Sanctuary Rd., Chattanooga, TN | 423-892-1499 Chattanoogaaudubon.org

#### Brainerd Levee

Trailheads @ Shallowford Rd. and Camp Jordan Park City of Chattanooga Parks | 423-425-6311 Outdoorchattanooga.com

#### Camp Jordan

323 Camp Jordan Pkwy., East Ridge, TN | 423-463-

Eastridgeparksandrec.com

#### **Chester Frost Park**

2318 North Gold Point Cir., Hixson, TN | 423-842-0177 Hamiltontn.gov

#### Cleveland/Bradley Co. Greenway

2487 Keith St. NW, Cleveland, TN | 423-479-4129 Cbcgreenway.com

#### Coolidge Park

150 River St., Chattanooga, TN | 423-643-5956 Chattanooga.gov

#### **Enterprise South Nature Park**

8015 Volkswagen Dr., Chattanooga, TN 423-893-3500 Hamiltontn.gov

#### Eureka Trail

1400 E. Madison Ave., Athens to Engelwood, TN 423-744-2702 Cityofathenstn.com

#### **Greenway Farm**

5051 Gann Store Rd., Hixson, TN | 423-643-6050 Northchick.org

#### Stringer's Ridge

Trailheads @ Spears Ave. and Bell Ave., Chattanooga, TN 423-425-6311 Sorbachattanooga.org

#### Tennessee Riverwalk

Paved greenway stretches 13 miles from Chickamauga Dam through downtown Chattanooga to the base of Lookout Mountain. 423-493-9239 Parks.hamiltontn.gov

#### Walnut Street Pedestrian Bridge

1 Walnut St., Chattanooga, TN | 423-643-6311 Chattanooga.gov







#### Gardens

#### **Delano Davlillies**

153 County Road 854, Delano, TN | 423-263-9323 Delanodaylillies.com

Four acres with over 1,400 varieties of daylilies during bloom season. (May-July)

#### Pipsissewa Arboretum @ the Sequatchie Valley Institute

1233 Cartwright Loop, Whitwell, TN 423-949-5922 or 4598

Svionline.org

Loop Trail (under 1 mile) through mature forest and meadow with 100 identified native and non-native species. Call to schedule hike.

#### Ponds & Plants

1668 Rhea County Hwy., Dayton, TN | 423-570-1234 Pondsnplants.com

Nature and art collide at this unique venue that includes wildlife exhibits, sculpture gardens and a natural playscape. Admission fee



400 Garden Rd., Chattanooga, TN | 423-821-1160 Reflectionriding.org

Visit the arboretum to enjoy walking trails, wildlife exhibits, the Discovery Forest Treehouse, educational programs and paddling on Lookout Creek. Admission fee.

#### **Sunshine Hollow**

198 County Road 52, Athens, TN | 423-745-4289 Sunshinehollow.com

Visit the nursery and display gardens to enjoy 1,750 varieties of daylilies, dahlias, roses and hostas. Enjoy bakery treats at Sunshine Hollow Bakery.









# Off-Road Motorcycle Fun

#### **Adventure Off-Road Park**

1040 Ellis Cove Rd., South Pittsburg, TN 423-582-7060

Adventureoffroadpark.com

A 500-acre private property offering off-road experiences on more than 120 trails with a variety of difficulty levels. Camping available.

#### **Aetna Mountain Adventures**

125 Hwy. 134, Guild, TN | 423-488-4586 Chattanooga's #1 off-roading outdoor adventure park

#### **Trials Training Center**

300 Woodland Rd., Sequatchie, TN | 423-942-8688 Trialstrainingcenter.com

A motorcycle vacation destination offering training to improve riding skills and techniques.

# Caves & Rocks

#### **Raccoon Mountain Caverns & Campground**

319 West Hills Dr., Chattanooga, TN 423-821-9403

Raccoonmountain.com

More than 5 1/2 miles of cavern passageways to explore. Wild cave tours available.

#### **Rock City Gardens**

1400 Patten Rd., Lookout Mountain, GA 706-820-2531

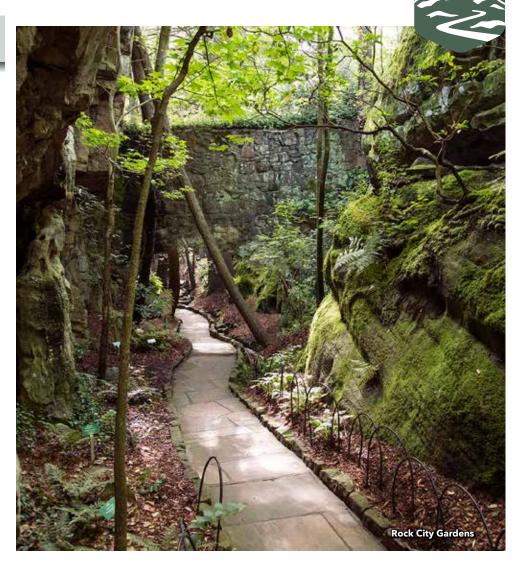
Seerockcity.com

This boulder paradise features massive ancient rock formations, gardens with over 400 native plant species, and breathtaking "See 7 States" views.

#### **Ruby Falls**

1720 S. Scenic Hwy., Lookout Mtn., TN 423-821-2544 Rubyfalls.com

See a 145-feet high underground waterfall in Chattanooga's most historic cave destination.



Outdoor Adventure 47





# Ziplines & Soaring

#### **Bigfoot Adventure TN Zipline**

514 Brawley Rd., Tracy City, TN | 931-488-8652 Bigfootadventuretn.com

#### **Chattanooga Skydiving Company**

300 Airport Rd., Jasper, TN | 855-776-5867 Chattanoogaskydivingcompany.com Tandem skydiving instruction in the beautiful Sequatchie Valley.

#### **Chilhowee Gliderport**

countryside.

8261 US-411 N., Benton, TN | 423-338-2000 Chilhowee.com Motorless flight over the beautiful Tennessee

#### Flying Camp Paragliding School

1692 Window Rock Rd, Dunlap, TN | 423-800-2228

Paragliding tandem flights, instruction and equipment sales in the Sequatchie Valley. Seasonal operations from April to October with flying almost every day.

#### **Lookout Mountain Flight Park**

7201 Scenic Hwy., Rising Fawn, GA | 1-800-688-5637 Hanglide.com

Hang gliding resort and school at the base of Lookout Mtn.

#### Ocoee River Basin Canopy Tours @ Wildwater LTD

**BLEDSOEGEO.COM** 

4596 US-64 W., Ducktown, TN | 800-451-9972 Wildwaterrafting.com Nine zip line sections and three swinging sky bridges on this fully wooded canopy tour.



#### Ocoee Ziplines & Canopy Tours @ Raft One

4599 US-64, Copperhill, TN | 888-723-8663 Ocoeeziplines.com More than a mile of cable racing through the Cherokee National Forest.

#### Ocoee Zipz

1985 US-64, Benton, TN | 877-794-7947 Ocoeezipz.com Zip line and canopy tour adventure featuring seven

#### Ruby Falls ZIPStream Aerial Adventure

1720 S. Scenic Hwy., Chattanooga, TN | 423-821-2544 Rubyfallszip.com Suspended obstacle course, zip line adventure and climbing tower.

#### Tennessee Tree Toppers Club

1444 Window Rock Rd., Dunlap, TN | 423-949-3396 Hangglidetennessee.com Launch site for hang gliding flights.

#### **ZIPStream @ Fall Creek Falls**

1997 Village Camp Rd., Pikeville, TN | 615-499-5779 Zipstreamfallcreekfalls.com Zip line and ropes course near Fall Creek Falls State Park.

# Disc Golf

#### **Athens Regional Park Disc Golf Course**

18-hole course 2405 Decatur Pike, Athens, TN | 423-744-2404

#### 9 on Top Disc Golf Course

9-hole course 1836 Taft Hwy., Signal Mountain, TN | 423-505-5605

#### **Camp Jordan Disc Golf Course**

19-hole course 323 Camp Jordan Pkwy., East Ridge, TN 423-463-4391

#### **Carver Rec Center Disc Golf Course**

600 N. Orchard Knob Ave., Chattanooga, TN 423-505-5605

#### Johnston Woods Retreat Disc Golf Course

9-hole course (Private - reservations required) 298 Brymer Creek Rd., McDonald, TN | 423-476-5586

#### **Portland Park Disc Golf Course**

9-hole course 409 Signal Mountain Rd., Chattanooga, TN 423-757-5551



9-hole course 2124 Shepherd Rd., Chattanooga, TN | 423-855-

#### **Southern Adventist University Disc Golf Course**

14-hole course 4881 Taylor Cir., Collegedale, TN | 423-236-2850

#### The Sinks Disc Golf Course

18-hole course 4502 North Access Rd., Hixson, TN | 423-266-2700

#### **Valley Fest Disc Golf Course**

9-hole course Pine Street and Wagner Lane, Dunlap, TN 423-949-7608



# Dog Parks

#### Chattanooga Chew Chew Canine Park 1801 Carter St., Chattanooga, TN

**Greenway Farms Dog Park** 5051 Gann Store Rd., Hixson, TN

#### Northchick.org

Collegedale Dog Park Wolftever Greenway, Apison Pike, Collegedale, TN

#### **Red Bank Dog Park** @ White Oak Park

798 Ben Miller Pkwy., Red Bank, TN

Soddy-Daisy Dog Park @ Soddy Daisy Veterans Park 9000 Dayton Pike, Soddy-Daisy, TN

# New Geocaching Tour Launched in Pikeville, TN

Discover the rich history and beauty of Pikeville and the Sequatchie Valley with a new geocaching tour, Bledsoe GeoTour: Tennessee's Small Town Treasures.

GeoTours are special collections of caches designed to take geocachers on a journey to interesting places, such as a town or city, a park, or historic site. Geocachers receive rewards for finding and logging these geocaches, as well as visiting Official GeoTour Partners along the way.

Forty-one geocaches have been hidden at sites in Pikeville, Bledsoe County and nearby Fall Creek Falls State Park. Discover fascinating stories from the past, spectacular views, great food and more as your GPS or smartphone guides you on an adventure through this spectacular valley.

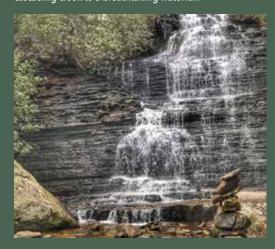




Visit BledsoeGeo.com and the Geocaching.com app to learn more.

# Waterfall Wonder in Southeast Tennessee

Rivers, creeks and waterfalls are part of Southeast Find your waterfall adventure with the Waterfall Tennessee's natural charm, and there's just no better way to Wonder Guide, produced by the Southeast Tennessee's natural charm, and there's just no better way to experience the region's lush landscape than by sitting on a boulder in the misty realm of a waterfall or hiking along a cascading creek to a breathtaking waterfall.



Tennessee Tourism Association.

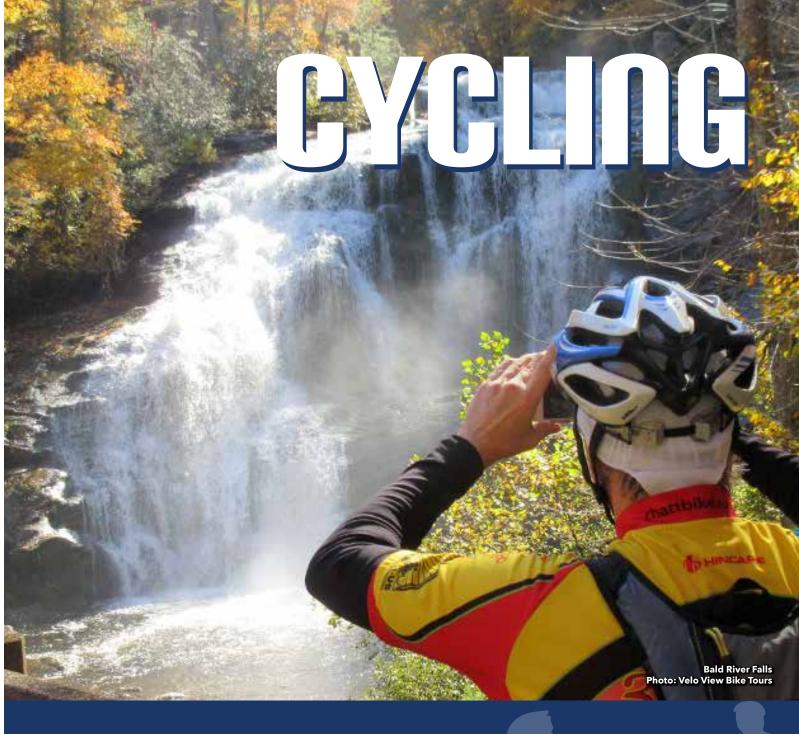
The guide features 16 of the most scenic and accessible waterfalls on public lands in the greater Chattanooga area, including spectacular waterfalls in South Cumberland State Park, the Cherokee National Forest, Cumberland Trail State Park, and Fall Creek Falls State Park

Of course, please use caution when visiting any of the region's waterfalls. Be sure to wear stable shoes and avoid slippery rocks or crossing in dangerous places and keep children safe distances from dangerous ledges.

Download the Waterfall Wonder Guide at: SoutheastTennessee.com or pick up a quide at Outdoor Chattanooga, the Chattanooga Airport or one of the region's Tennessee Welcome Centers.







# Local Bike Shops

2871 Lafayette Rd, Fort Oglethorpe, GA 30742 706-841-0040

#### **East Ridge Bicycles**

5910 Ringgold Road, Chattanooga, TN 37412 423-894-9122

#### **Electric Bike Specialists**

45 East Main Street, Chattanooga, TN 37408 423-475-6569

#### Owen Cyclery

1920 Northpoint Blvd., Hixson, TN 37343 423-875-6811

#### **Scott's Bicycle Centre**

2544 Georgetown Road NW, Cleveland, TN 37311 423-472-9881

#### **Suck Creek Cycle**

630 W Bell Avenue, Chattanooga, TN 37405 423-266-8883

#### Trailhead Bicycle Co.

225 1st St. NE, Cleveland, TN 37311 423-472-9899

#### Trek Store Chattanooga

307 Manufacturers Road #117, Chattanooga, TN

423-648-2100

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# Bikeways of the Scenic South highlights road cycling routes in the Chattanooga region of Southeast Tennessee

Cyclists in Southeast Tennessee now have a new and growing network of bike routes to explore: Bikeways of the Scenic South. This network of carefully crafted road cycling routes is available at **ScenicBikeways.com**, and the routes include downloadable maps, turn-by-turn cue sheets, notable points of interest, conveniences, and descriptive narratives of what to expect along the routes.

Bikeways of the Scenic South is a project of the Southeast Tennessee Tourism Association, part of the Southeast Tennessee Development District in Chattanooga, Tenn. The tourism association partnered with local cycling advocates and county officials to determine the best routes through the small towns and scenic landscape of Southeast Tennessee.

"The narratives don't just describe the roads, scenery and landmarks, but also talk about where to stop for a drink and a snack and where to eat after the ride," says Shannon Burke of Velo View Bike Tours, who developed the routes and ScenicBikeways.com website.

Routes currently cover the geographic areas of the Sequatchie Valley, Chattanooga and the Tennessee River Basin, and Three Rivers Way, a region that includes Cleveland and the Ocoee, Hiwassee and Tellico Rivers, the Cherokee National Forest and Cherohala Skyway. The goal of the project is to eventually map bike routes throughout the entire region, including northwest Georgia and northeast Alabama.

"While our region has some of the most scenic cycling roads anywhere in the country, finding those low-traffic backroads has not always been easy," says Jim Johnson,



ScenicBikeways.com



founder of BikeTours.com and an early proponent of the regional scenic bikeways concept. "Bikeways of the Scenic South will help both visitors and residents discover these beautiful backroads. Additionally, bicycle tourism is sustainable: It doesn't cause the damage that many kinds of mass tourism bring."

Join us in October for the Cycle Sequatchie Century & 3 Mtn Challenge, a bike ride, farm-fresh feast and outdoor expo in the Sequatchie Valley. The event is a joint production of Velo View Bike Tours and the Chattanooga Bicycle Club that combines a beautiful, fun, first-class bike ride with a celebration of everything that makes Sequatchie Valley and the South Cumberland Plateau such a special place. Learn more at CycleSequatchie.com.

# Family-friendly Cycling in the Chattanooga Region

# Looking for a safe place to take the family for a bike ride?

Southeast Tennessee has plenty of car-free recreation paths that are perfect for a leisurely bike ride without having to worry about traffic.



#### Chattanooga Riverwalk

The most popular rec path in the region is the 13-mile Chattanooga Riverwalk, which follows the Tennessee River from the Chickamauga Dam all the way to the foot of Lookout Mountain. The Riverwalk also provides access to the South Chickamauga Creek Greenway, which provides another 3.5 miles of scenic cycling alongside the creek.

#### **Brainerd Leve**

Trailheads @ Shallowford Rd. and Camp Jordan Park City of Chattanooga Parks | 423-425-6311
This path is 5.5 miles from the trailhead at Shallowford Road in Brainerd to Camp Jordan Park in East Ridge.
The trail is gravel for 3.5 miles and paved for 2 miles.

#### **Cleveland/Bradley County Greenway**

This beautiful Greenway runs through central Cleveland for four miles with no street crossings and is lighted 24/7, making it an excellent option for exploring the city by bike.

2487 Keith St. NW, Cleveland, TN | 37311-1350

#### **Mountain Goat Trail**

mountaingoattrail.org

The Mountain Goat Trail is a multi-modal rail-trail in Tennessee's South Cumberland that connects communities along the historic path of the Mountain Goat Railroad (1856-1985). A 5-mile section of trail runs from Sewanee to Monteagle. Park in Sewanee at the gravel lot on Highway 41A at Hawkins Lane. In Monteagle, park at Mountain Outfitters to access the trail.) Also, the Mountain Goat Trail in Sewanee is part of the 20+ mile Perimeter Trail around the University Domain, which is why it's labeled that way on Google Maps. A 3.5-mile section of trail in Tracy City can be accessed from Tracy City Old Roundhouse Park and Tracy City Elementary School.

#### Eureka Trail

1400 E. Madison Ave., Athens to Engelwood, TN | 423-744-2702

Cityofathenstn.com/trails/eureka Following a former railroad bed, this gravel trail winds nearly 5 miles through the woods and rural landscape before ending at the outskirts of Englewood, Tenn.



# Mountain Biking

There are over 75 miles of single-track heaven in Southeast Tennessee within 30 minutes of downtown Chattanooga. Visit www.mtbproject.com for route details.

#### Stringers Ridge

5 miles of intermediate single-track trail. Primary Trailhead @ Spears Ave. and Bell Ave. Chattanooga, TN | 423-425-6311

#### Raccoon Mountain

24 miles of mixed-level single-track trail with some challenging technical sections.

- Laurel Point Trailhead
   Electric Ave Two, Chattanooga, TN
- Electric Ave Iwo, Chattanooga, INOverlook
- 3800 Racoon Mountain Dr., Chattanooga, TN

#### **Booker T. Washington State Park**

6 miles of single-track trail, all intermediate. 5801 Champions Rd., Chattanooga, TN 423-894-4955

#### **Harrison Bay State Park**

4 miles of easy single-track trail. 8411 Harrison Bay Rd., Harrison, TN 423-344-6214

#### **Enterprise South Nature Park**

10 miles of single-trail trail, mostly easy with some intermediate-level.
8015 Volkswagen Dr., Chattanooga, TN
423-893-3500

#### Collegedale/Southern Adventist University Trailheads:

19 miles of single-track trail split between two parks – White Oak Mountain and Bauxite – with something for all skill levels.

- White Oak 4707 Morningside Dr, Collegedale, TN
- Bauxite

College Dr. (near Collegedale Memorial Park Cemetary), Collegedale, TN

#### Johnston Woods Trail System

4 miles of easy trail. 298 Brymer Creek Rd., McDonald, TN 423-476-5586

#### **Guild-Hardy Trail**

498 Ochs Hwy, Chattanooga, TN Following the path of a former railroad bed, this relatively easy double-track trail begins on Ochs Hwy and wraps around Lookout Mountain to the John Smart/Jackson Gap trail.

#### Chilhowee Recreation Area -Cherokee National Forest

12 miles of mixed-level single-track trail.

Ocoee Ranger Station, Benton, TN | 423-338-3300

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# Tanasi Trail System @ the Ocoee Whitewater Center Cherokee National Forest

30 miles of mostly easy and intermediate single-track trail. The Tanasi Trail System has been designated by the International Mountain Bike Association as "Hall of Fame Epic."

4400 US-64, Copperhill, TN | 423-496-0100





#### Gravel Biking

Southeast Tennessee has plenty of off-the-beaten path gravel roads, but the greatest concentration (and the best place for gravel grinding adventure) can be found in the Cherokee National Forest (about an hour from downtown Chattanooga). There are numerous places to enter the forest, but here are a couple of options for parking.

#### **Cherokee National Forest**

Thunder Rock Recreational Area 3171 Hwy 64 | 423-338-3300 Provides access to: Forest Road 45 & Forest Road 221

#### **Cherokee National Forest**

Sugar Loaf Boat Ramp Sugar Loaf Road Provides access to: Forest Road 55 and 302

#### Eureka Trail

423-744-2702 Cityofathenstn.com/trails/eureka Following a former railroad bed, this gravel trail winds nearly 5 miles through the woods and rural landscape

before ending at the outskirts of Englewood, Tenn.

1400 E. Madison Ave., Athens to Engelwood, TN |

#### **Brainerd Levee**

Trailheads @ Shallowford Rd. and Camp Jordan Park City of Chattanooga Parks | 423-425-6311 Outdoorchattanooga.com/land/brainerd-levee-camp-jordan-2 The greenway that runs atop the Brainerd Levee is an easy ride for beginners and families. The trail is 5.5 miles from the trailhead at Shallowford Road in Brainerd to Camp Jordan Park in East Ridge. The trail is gravel for 3.5 miles and paved for 2 miles.



Shannon Burke and Celeste Cyr of Velo View Bike Tours relocated from Austin, Texas to Chattanooga in 2016 in large part to have access to the incredible variety of scenic road, gravel and mountain bike routes available in the Chattanooga region. While their bike tour business continues to offer tours all over the country, the focus has shifted to offering more regional tours that showcase the unique beauty of southeast Tennessee.

Since its founding in 2012, Velo View Bike Tours has specialized in personalized bike vacations for small groups, with all-inclusive, fully supported bike tours. In addition to these pre-scheduled vacation packages, they also offer "build-your-own" custom tour options, which allow cyclists to choose their own distances, destinations and level of the support rather than buying a pre-set package. These custom options are a new service Velo View is offering, made possible by the number of amazing cycling choices so close to their new home base in Chattanooga.

For more information, check out their website at www.veloviewbiketours.com or call 423-834-8388.



outheast Tennessee is both haunted and inspired by the people and events that shaped its past and present. It's the former homeland of the Cherokee Nation and a witness to the horrific struggle that took place during the Civil War. Railroad history and coal mining opened up the region to prosperity, creating communities that prospered and suffered at the hands of industry. Experience the region's storied landscape at regional museums and historic sites.

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# Southeast Tennessee Mining Trail



Various mining, quarrying, iron and copper production and metal manufacturing industries once formed the backbone of the economy in Southeast Tennessee.

These intriguing sites include coal and copper

mines, coke ovens, iron works and foundries, and transportation corridors. Download the detailed Mining History Trail at www.SoutheastTennessee.com to learn more about these historic mining industries and their significant impact on communities and the natural landscape.

#### **Ducktown Basin Museum**

212 Burra Burra St., Ducktown, TN | 423-496-5778 Ducktownbasinmuseum.com Journey through 150 years of copper mining history in the region. Admission fee.

#### **Dunlap Coke Ovens Park & Museum**

Mountain View Dr., Dunlap, TN | 423-949-3483 Cokeovens.com

Explore this 88-acre park and its coke ovens. The museum features the history of coal mining and coke production in the region.

#### Marion County Coal Miners Museum

900A Main St., Whitwell, TN 423-658-6868

Coalminersmuseum.com

This one-of-a-kind coal mining museum is filled with objects and stories that mark more than a century of coal mining in the Whitwell community.

#### Ocoee Whitewater Center

4400 Hwy. 64, Copperhill, TN | 877-692-6050 Fs.fed.us

A 5-mile section of the original Old Copper Road can be explored from the Ocoee Whitewater Center, which is situated along the banks of the Ocoee River within the Cherokee National Forest.

# Railroad History

Tennessee railroads date back to 1845 when the Nashville & Chattanooga Railroad was chartered to connect its namesake cities. Explore Tennessee's fascinating history with trains at the following sites in the region

#### **Etowah Railroad Depot & Museum**

727 Tennessee Ave., Etowah, TN | 423-263-7840 Tennesseeoverhill.com

Listed on the National Register of historic places, this two-story Victorian-style railroad station was the first building erected in Etowah. Exhibits include the history of the Old Line Railroad, built in 1890. Purchase tickets here for the Hiwassee River Rail Adventure.

#### **Hiwassee River Rail Adventure**

Chattanooga Ticket Office: 877-510-5765 Etowah Ticket Office: 423-263-7840 Tennesseeoverhill.com / Tyrail.com

Climb on board a restored vintage passenger train for a ride through the beautiful Hiwassee River Gorge and over the famous Hiwassee Rail Loop. Trains run April-November offering standard coach seating and luxury seats in the dome car. Choose from two trip options – the Hiwassee River Loop Trip (half-day) and the Copperhill Special (full day). Call for information about popular holiday excursions.

#### Niota Depot

201 East Main St., Niota, TN | 423-568-2584 Niota-tn.org

Constructed from handmade bricks in 1853, the Niota Depot is the oldest remaining pre-Civil War railroad in Tennessee. Now used as offices for the Town of Niota, the depot is open for tours during business hours.



# Children's Holocaust Memorial

@ Whitwell Middle School

1 Butterfly Lane, Whitwell, TN | 423-658-5635 Whitwellmiddleschool.org

Whitwell Middle School is home to one of the world's most profound memorials to the Holocaust victims of Nazi Germany, the Children's Holocaust Memorial. The memorial, which opened in 2001, features an authentic German rail car that was once used to transport detainees to Nazi death camps. Thirty-million paper clips are encased with the railcar, along with letters and mementos sent from around the world, to honor the memory of the millions of people who were murdered during the Holocaust. This memorial project was featured in the 2004 documentary, *Paper Clips*.

Student-led tours are offered on Friday mornings when school is in session. To book a tour, visit www.whitwellmiddleschool.org or email lhooper@mctns.net. Self-guided tours are also available. Visitors may gain access by picking up a key from Castle's Grocery at 13563 Hwy. 28 between 9 am-5 pm Central. The store can be reached at 423-658-6542.



# Civil War History

The Chickamauga-Chattanooga National Military Park, located in northern Georgia and eastern Tennessee, preserves the sites of two major battles of the American Civil War: The Battle of Chickamauga and The Battles for Chattanooga. Established in 1895 through the efforts of Civil War veterans from both north and south, the park is the oldest and largest military park in the nation. The military park consists of four main areas: Chickamauga Battlefield, Missionary Ridge, Lookout Mountain Battlefield / Point Park, and Moccasin Bend.

#### Chickamauga & Chattanooga National Military Park Visitor Center

3370 LaFayette Rd., Fort Oglethorpe, GA 706-866-9241

Nps.gov/chch

The Battle of Chickamauga takes its name from West Chickamauga Creek, which meanders through northwest Georgia and into the Chattanooga area. Union and Confederate troops fought the Battle of Chickamauga on September 18-20, 1863. Although the Confederates were technically the victors, driving Union troops to Chattanooga, they did not achieve their objective of restoring Confederate control of East Tennessee. The battle caused the second-highest number of deaths in the Civil War: 34,000 Union and Confederate casualties.

The park's visitor center features interpretive exhibits, a book store, an artillery display, and a multi-media program about the battle. The 5,200-acre battlefield park contains hundreds of monuments, interpretative tablets, wayside exhibits, and hiking and biking trails.

#### Point Park

Point Park Rd., Lookout Mountain, TN
Point Park is a 10-acre memorial park that overlooks
the Lookout Mountain Battlefield and Chattanooga. In
December 1863, a photographer from Ohio, Robert
"Royan" M. Linn, established a photo studio at Point
Lookout, naming it Gallery Point Lookout. He and his
brother, J. Birney Linn, took hundreds of photos of
Union officers, soldiers and civilians posing at Point
Lookout and nearby Umbrella Rock.

Point Park features a paved walking trail that highlights historic tablets, monuments and scenic overlooks. The largest monument in Point Park is the New York Peace Memorial, which was erected by the state of New York as a tribute to peace and reconciliation between Union and Confederate veterans after the war. The Ochs Memorial Observatory features exhibits, photographs and overlooks of Chattanooga and the Tennessee River. Admission fee.

#### Lookout Mountain Battlefield - Visitor Center

110 Point Park Rd., Lookout Mtn., TN
After the Confederate victory at Chickamauga,
troops occupied Lookout Mountain, where they
could peer down upon and watch Union activities in
Chattanooga. On November 24, 1863, Union troops
attacked the Confederates and drove them from
the mountain during the "Battle Above the Clouds."
The following morning, the American flag flew from
the mountain's pinnacle. For the rest of the Civil
War, Lookout Mountain was a tourist destination for
Union soldiers and civilians. A visitor center is located
outside Point Park and features exhibits about the
Civil War campaign for Chattanooga, including a
large painting "The Battle Above the Clouds."





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# Cherokee Heritage

Native American towns and villages thrived for thousands of years along the rivers and within the valleys of Southeast Tennessee. One of the tribes that inhabited the region was the Cherokee, who by 1700 claimed land that included parts of Southeast Tennessee, Alabama, Georgia, South Carolina and North Carolina. However, by 1837, 46,000 Native Americans had been forcibly removed from their lands East of the Mississippi River through what became known as the Trail of Tears.

Despite this tragic chapter in American history, the Cherokee people today live on as a renewed, invigorated nation – and their legacy continues in this region through the natural, historical and cultural landscape. Historically significant sites throughout the region offer a deeper understanding of the cultural heritage of the people who lived in Southeast Tennessee prior to European settlement. Download the guide to Cherokee Heritage in Southeast Tennessee at www.SoutheastTennessee. com to learn more about important historical sites and stories relating to Cherokee history in the region.

#### **Hiwassee River Heritage Center**

8746 Hiwassee St., Charleston, TN 423-665-3373

Hiwasseeheritage.com

Discover a compelling story of human spirit and tragic sacrifice at this certified site on the Trail of Tears National Historic Trail. The center also details Charleston's pivotal role in the Civil War, as well as its industrial and agricultural history.

#### **Red Clay State Historic Park**

1140 Red Clay Park Rd. SW, Cleveland, TN 423-478-0339

Instateparks.com

This site served as the last Eastern Capital of the Cherokee Nation before the Cherokee Removal in 1838.

#### **Cherokee Removal Memorial Park**

6800 Blythe Ferry Road, Birchwood, TN 423-339-2769

Cherokeeremoval.org

View the nation's only Cherokee Removal Memorial and explore the visitor center and grounds, with views of the Tennessee and Hiwassee Rivers.













# Cherokee history exhibits and "Voices from the Past" Trail at Hiwassee River Heritage Center in Charleston

The banks of the Hiwassee River in Southeast Tennessee were witness to nationally significant history involving the Trail of Tears and the Civil War. Present-day Charleston, Tenn., was once the site of the federal Indian Agency and eventually Fort Cass, the U.S. military headquarters for the entire Cherokee "Trail of Tears" Removal. The Hiwassee River was also a pivotal crossing point for troop movement in the Civil War, and several officers on both sides of the conflict made Charleston a stop in their operations.

In 2019, the Hiwassee River Heritage Center expanded its footprint and education efforts to include a National Historic Trail experience, exhibits and an education room.

The first segment of Charleston's new National Historic Trail Experience, Voices from the Past, connects the Hiwassee River Heritage Center to Charleston Park. The paved trail features signage with quotes about the Cherokee Removal at Fort Cass from Cherokee people, missionaries and U.S. military figures.

"The trail sets the stage for learning more about the Trail of Tears and bringing the struggle of that time to a personal level," says Melissa Woody, vice president for Tourism Development of the Cleveland/Bradley Chamber of Commerce and Development Chair for the CCH Historical Society. "Presenting quotes from the people affected by this difficult time in history really brings this story to life and to a relatable place for all of us as human beings."

The center's new George Robert & Doris Bolen Johnson Exhibit Hall features artifacts that help interpret pre-Cherokee native peoples, Cherokee settlements, the federal Indian Agency, Fort Cass and the Cherokee Removal. The exhibit also examines the area's role in the Civil War, as well as industrialization in the region.

The museum is honored to house artifacts from the region, as well as a special set of images, which are all on loan from the Frank H. McClung Museum of Natural History & Culture at the University of Tennessee at Knoxville. The images feature colorized versions of sketches drawn by Madeline Kneberg, who is known for her work on excavations in the Tennessee Valley beginning in the 1930s. Kneberg was the first female to become a full professor at UT outside of the home economics curriculum and one of the first prominent female archaeologists in the U.S.

The trail experience and the heritage center are two components of a master plan for heritage development in the Charleston and Calhoun communities. The trail will eventually extend beyond Charleston Park to the Hiwassee River, with plans to connect with the Cleveland/Bradley Greenway.

The Hiwassee River Heritage Center, located at 8746 Hiwassee Street in Charleston, serves as an educational resource, welcome center and a gateway to other regional historic sites. For more information, visit HiwasseeHeritage.com.

# ENGLEWOOD TEXTILE MUSEUM

#### **Englewood Textile Museum**

101 S. Niota Rd., Englewood, TN | 423-887-5455 Townofenglewood.com

Explore the history of the region's 1850 textile industry in Englewood.



#### **Grundy County Historical Society Heritage Center**

465 Railroad Ave., Tracy City, TN | 931-592-6008 Grundycountyhistory.org

Includes a library and research center, assembly hall, and exhibit hall with artifacts.



#### **International Towing & Recovery Museum**

3315 Broad Street, Chattanooga, TN | 423-267-3132 International towing museum.org

Tow truck and towing equipment dating back to 1916. Admission fee.



#### **McMinn County Living Heritage Museum**

522 W. Madison Ave., Athens, TN | 423-745-0329 Livingheritagemuseum.com

Thirty permanent exhibits, including a recreated log cabin, general store and early doctor's office.



#### **Jasper Regional History Museum**

715 Phillips Ave., Jasper, TN | 423-942-2233. Jasperhistorymuseum.org

Offers an exceptional collection of regional artifacts and memorabilia.



# Scopes Trial Museum & Festival @ the Historic Rhea County Courthouse

107 Main St., Dayton, TN, | 423-775-9847 Scopesfestival.com

Historicsouthpittsburgtn.org

By far the most celebrated court case in perhaps all of Tennessee history, the Scopes Trail took place in the Rhea County Courthouse in Dayton, Tenn., in July 1925.



#### **Museum Center at 5ive Points**

200 Inman St. E, Cleveland, TN | 423-339-5745 Museumcenter.org

Explore the Ocoee region through exhibits, creative programming, local art, and more. Admission fee.



#### **Meigs County Historical Museum**

200 Smith Ave., Decatur, TN | 423-334-4424 Meigscohistoricalmuseum.org Artifacts and genealogy research material.



#### South Pittsburg Heritage Museum

316 Cedar Ave., South Pittsburg, TN | 423-837-8714 Historicsouthpittsburgtn.org South Pittsburg Historic Preservation Society's museum outlines the city's history.





TOURISM ASSOCIATION

SoutheastTennessee.com 1000 Riverfront Parkway Chattanooga, TN 37402







